



 **fourth element**
DEALER HANDBOOK **2025**



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WE ARE FOURTH ELEMENT.

Fourth Element is the world's leading sustainable dive brand. We worked tirelessly to create products that deliver great diving performance with minimal impact on the environment and we never compromise on quality, durability or performance.

As world leaders in thermal protection, we continue to keep people warm; from the depths of the Antarctic Ocean, to the top of Mount Everest.

Our product development continues to challenge the way things have always been done. We're driven by a mission to make change to performance and environmental impact in this industry that is so intrinsically connected to the ocean.



Argonaut 3.0
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WE ARE OCEAN POSITIVE

BEING OCEAN POSITIVE WHILST PRODUCING HIGH PERFORMANCE EQUIPMENT IS AT THE HEART OF EVERYTHING WE DO AS A BUSINESS, AND WE THANK YOU FOR BEING ON THIS JOURNEY WITH US. BEING 'OCEAN POSITIVE' IS NOT JUST ABOUT WHAT WE DO IN THE OCEAN BUT ALSO WHAT WE DO IN OUR EVERYDAY LIVES.



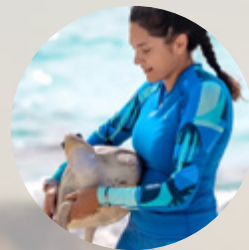
PRODUCTS

Our product development is driven by a mission to make high performance products that have minimal impact on the environment. From using recycled nylon in our swimwear to bringing the first recycled dive fin to the scuba market, the question is ALWAYS how, not if, it's possible to do things better.



PACKAGING

All our products are packaged using either paper, cardboard, cassava starch or Hydropol™; a biodegradable, non toxic and water-soluble material. By removing single-use plastic packaging we are striving to do our part to help reduce the pollution of our water ways and oceans.



OUR PEOPLE

Our global team and network of team divers and ambassadors includes some of the best custodians the ocean has ever seen. From running coral reef restoration projects to ghost fishing net removal, they play a vital part in the conservation of our oceans.



PRACTISES

From using solar energy to power our HQ to working with our local zero waste refilling service for office essentials, we realise it's the little things we do everyday that make a big impact over time. We now recycle 99% of our warehouse and office waste with only 1% going to landfill.

OEKO-TEX®
CONFIDENCE IN TEXTILES

REPREVE®

ECONYL®
ENDLESS POSSIBILITIES

bluesign

YULEX | Pure

Visit FOURTHELEMENT.COM/OCEANPOSITIVE to find out more.

A hand in a blue drysuit is shown holding a measuring tool, possibly a laser level or a similar precision instrument, against a rocky, rugged landscape. The background is a hazy, blue-tinted sky and sea, suggesting a coastal or maritime environment. The overall scene conveys a sense of precision and technical application in a challenging outdoor setting.

ar  onaut 3.0

EVOLUTION BECOMES REVOLUTION

ENHANCED DESIGN, GREATER FLEXIBILITY AND MORE
WAYS TO DESIGN YOUR OWN PERSONAL DRYSUIT.



EVOLUTION BECOMES REVOLUTION.

Enhanced design, greater flexibility and more ways to design your own personal drysuit with fit-guarantee.

Engineered to move with you, the new Argonaut 3.0 design allows perfect fit and freedom of movement when diving in trim.

AFT (Articulated For Trim). Optimised for diving in horizontal trim, the unique leg design of Argonaut 3.0 is designed for optimal comfort in the water, allowing

unrestricted freedom of movement across the knees and thighs for complete comfort during your dive.

The redesigned telescopic torso fits more closely to the body for a more streamlined silhouette and the new warm neck collar allows hood skirts to be tucked away swiftly and securely.

With a composite dry zipper running from the right shoulder to the left hip, flexibility and fit are improved, as is gas

management when dumping air from the left shoulder.

Argonaut 3.0 can be specified with glued-in latex or neoprene wrist seals, the Ellipse wrist system, Si-Tech QCP, or the new intuitive PSI system.

Designed for fourth element's award winning BIOMAP measuring system, this is a truly bespoke drysuit, made for adventure.



NECK SEAL OPTIONS

- Glued-in HD latex or neoprene
- User-replaceable silicone (Si-Tech)

WARM NECK COLLAR

- Redesigned to allow easier fitting of hoods and greater flexibility

VALVE OPTIONS

- Apollo Bio-Valve, Si-Tech and Apeks available

ZIPPER

- YKK Aquaseal zipper with protective outer

TORSO DESIGN

- Cross-chest entry, maximising flexibility and ease of donning and doffing
- Zipper runs from right shoulder to left hip allowing better gas management and greater comfort
- Re-designed telescopic torso allows maximum range of movement with increased flexibility
- Telescopic torso design allows maximum range of movement

- Internal adjustable braces
- Elasticated adjustable crotch strap with locking clasp

WRIST SEAL OPTIONS

- Glued-in HD latex, or neoprene
- User-replaceable silicone seals with Ellipse, PSI system, or Si-Tech QCP (recommended for larger hands only)

LEG DESIGN

- AFT (Articulated For Trim) design, pre-bent legs and knees provide total comfort in trim
- Two large thigh pockets as standard with wetnotes sleeves, bungee loops and stainless steel D-ring

REINFORCEMENTS

- Duratex panels reinforce key wear areas including shoulders, elbows, knees and seat
- Flat seams are taped inside and out for strength and reliability
- Duratex taping is used to protect the outer seams from abrasion
- High-performance PU inner tape is

glued and heat sealed to create 100% waterproof seams

BOOTS

- Choice of dryboots or neoprene socks
- Reinforced at heel and toes for maximum strength and dexterity (boots only)
- Includes ergonomic footbed to maximise comfort (boots only)
- Retaining ankle straps and adjustable hook and loop fastening (boots only)



Click the QR code to visit our Argonaut 3.0 builder site where you can see our full range of available options



AFT
ARTICULATED
FOR TRIM

NEW LEG DESIGN ALLOWS PERFECT FIT AND FREEDOM OF MOVEMENT WHEN DIVING IN TRIM.



The Apollo bio-valve chest inflate valve is operated with a gentle squeeze of the inflate lever which is easily located and deployed, even in thick gloves, whilst also not needing to be pressed onto the chest. A “non-return” piston also ensures that the valve remains dry if you forget to attach your drysuit feed hose or your suit inflation gas runs out.



The new Apollo bio-valve exhaust is easily operated with a simple movement and adjusted with an intuitive lever on the side. It is also, with care, easily maintained in the field.



BRIGHT
BLUE



DEEP
BLUE



BLACK



ANTHRACITE
GREY

The introduction of 2 new blue colours (available in Stealth fabric only) gives many more options to create a personal suit, along with the options to specify new bio-valves and wrist seal systems.

BIOMAP

The Argonaut 3.0 is designed for the BIOMAP measurement system and our online ordering platform. Visit argonaut.fourthelement.com for more details.

If you would like to become an Argonaut dealer, please contact your account manager or sales representative at fourth element.

NECK OPTIONS



Latex (standard)



Neoprene Neck Seal



Si-Tech Silicone Neck Seal System

WRIST SEAL OPTIONS



Latex (standard)



Neoprene Wrist Seals



Ellipse Wrist Seals
(see options on next page)



Si-Tech QCP Round
(large hands only)



PSI - dry glove system

BOOT OPTIONS



Standard 4mm Compressed Neoprene



Tech 2.5mm Compressed Neoprene



Neoprene Sock 2.5mm Compressed Neoprene

VALVE OPTIONS



Si-Tech Valves



Apollo Valves



Apeks Valves

P-VALVE OPTIONS



Si-Tech Trigon
Balanced P-Valve



Fourth Element
(Light Monkey)
Balanced P-Valve



Halcyon P-Valve
Balanced



Developed in the cold waters of Canada, made from robust yet lightweight anodised aluminium, the PSI presslock system is the most intuitive, secure and reliable dryglove system available. The bayonet style fitting is easy to use, matching up coloured dots, in a similar way to mounting lenses on a camera, and with a quarter of a turn, the gloves are locked in place.

The system is supplied with a protective case for your drygloves when not in use. The system can be supplied fitted to an Argonaut drysuit, or as a separate product to be retrofitted into a Si-Tech PU-ring



FIND YOUR PERFECT FIT WITH BIOMAP CUSTOM SIZING

HOW TO TAKE A PICTURE

YOU WILL NEED

- The BIOMAP® footplate.
- Tight fitting clothes for your customer (e.g. J2 baselayers).
- Camera (minimum resolution: 5MP) mounted on a tripod / stand or a steady surface.

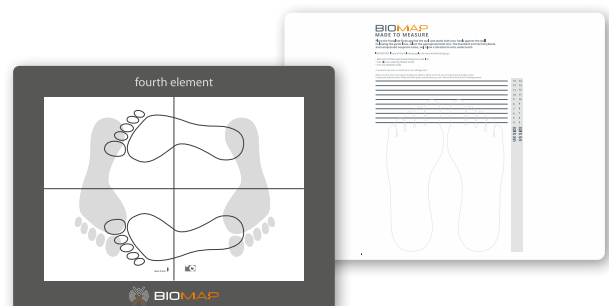
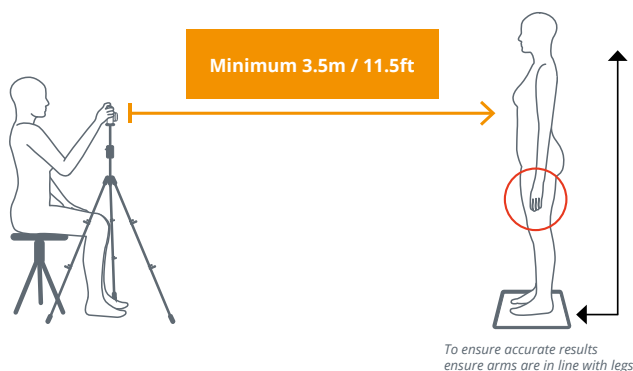
PREPARATION

- Use the BIOMAP® footplate for the model to stand on.
- Footplate must be on a level hard surface - soft carpeted surfaces should be avoided.
- Ensure good contrast between model and background.
- Ideally dark baselayer garments on a light background.
- Model must not be backlit.
- Camera distance to model: approximately 11.5ft / 3.5m directly in front of model.
- Camera height: approximately 4in / 10cm above navel level on a tripod or steady surface.
- Camera must remain in exactly the same position for both photos.
- A vertical straight line must be visible in the photo to the side of the model such as a door frame or plumb line.

CHECK LIST

- ✓ Neck is visible with long hair tied up.
- ✓ Model is barefoot or wearing socks (no shoes).
- ✓ Model is standing on centre of footplate (on reference footprints).
- ✓ All 4 corners of the white rectangle are visible.
- ✓ A vertical straight line must be visible in the photo to the side of the model such as a door frame or plumb line, not behind the model.
- ✓ Vertical and horizontal lines are visible.
- ✓ Side view: arms are held out to side. Hands and arms are inside the silhouette of the thighs.
- ✓ Side view: leg and arm furthest from camera cannot be seen in the photo.
- ✓ Model is in the centre of the photo.
- ✓ Images have not been edited or cropped (zoom is permitted).
- ✓ Images are in focus.
- ✓ Images are saved as a jpg.

Login at argonaut.fourthelement.com



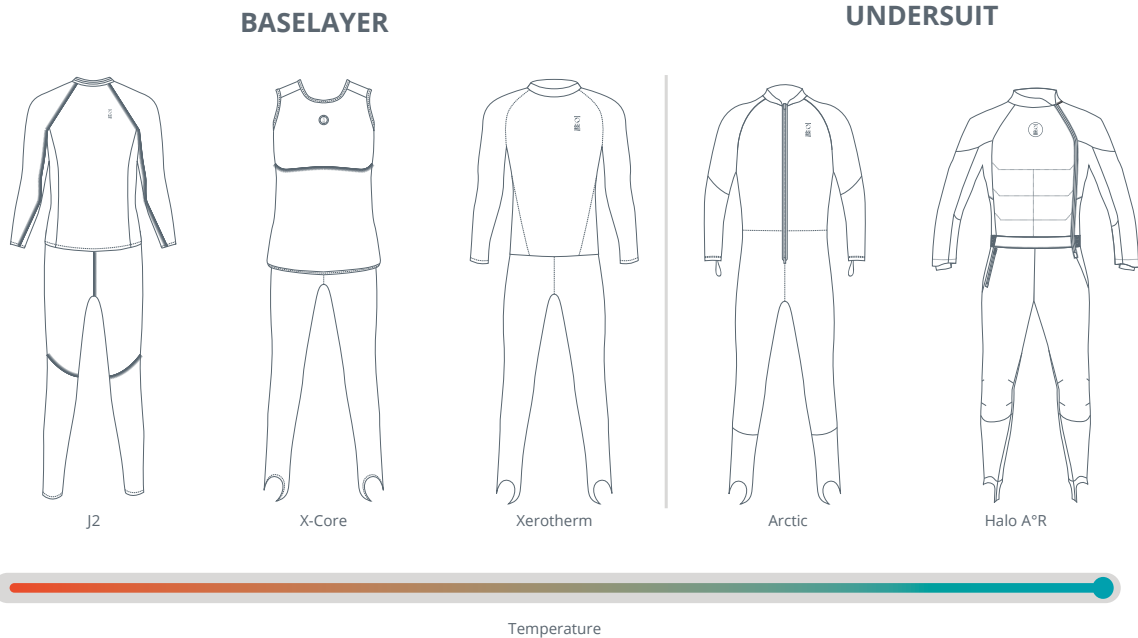
A man with dark hair and a beard is looking down, focused on adjusting his gear. He is wearing a black long-sleeved drysuit with orange straps that have the text 'fourth element' and a logo printed on them. The background shows a body of water and a rocky coastline under a clear sky.

DRYSUIT UNDERWEAR

LOW-BULK, HIGH PERFORMANCE UNDERSUITS
AND BASELAYERS, DEVELOPED FOR THE MOST
EXTREME CONDITIONS ON THE PLANET.



SELECTING THE RIGHT THERMAL PROTECTION UNDER YOUR DRYSUIT



STAYING WARM

Choosing the right undergarment or combination of undergarments is critical to a comfortable dive. Balancing the need to stay warm with the desire to minimise bulk and buoyancy can be a fine art, and any strategy needs to start with the drysuit.

A neoprene drysuit offers thermal protection thanks to the material of the suit itself, and as a result, divers need less additional insulation. A membrane or trilaminate suit offers little in the way of warmth and divers tend to require more thermal protection from their undergarments.

NEOPRENE SUIT

Choose the undersuit

This will depend on the thickness of the neoprene in the suit. For 4mm neoprene and thicker, we recommend starting with the Xerotherm. The Arctic undersuit is the best starting point for most diving conditions if you are using a thinner neoprene suit.

Add a baselayer

The J2 baselayer was designed for lightweight moisture management, maintaining a layer of air next to the skin. It helps maximise comfort on long dives and multiple-dive trips.

Enhance for extreme exposure

In really cold temperatures, it may be necessary to add the X-Core vest under the undersuit to give maximum protection to the body core.

TRILAMINATE SUIT

Choose the undersuit

Halo A° R is the best choice for cold water divers, with body mapped insulation optimised for maximum efficiency. ARGON extreme insulation material, developed for the space exploration programme, provides outstanding thermal protection for key exposure areas when in trim; the suit is lower in bulk and buoyancy thanks to the efficiency of this material. The Arctic is a great solution for those diving in warmer waters for longer durations. Alternatively, it can be used for those who plan to dive in many different conditions and want to adopt a layering system to tailor their protection to maximise comfort on all of their dives.

Add a baselayer

Add a baselayer such as the J2 to improve thermal protection for longer or colder dives.

A Xerotherm further improves thermal protection and can also be used on its own in warmer conditions too.

Enhance for extreme exposure

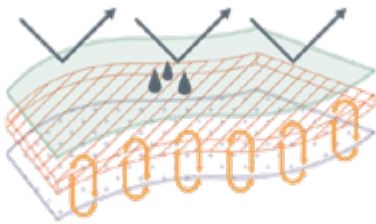
In really cold temperatures or for extended decompression dives, add the X-Core between your baselayer and undersuit to give maximum protection to the body core.

HALO A°R

INNER SPACE TECHNOLOGY

FEATURES

- A°RGON™ - extreme performance thermal insulation
- Body mapped thermal protection
- High performance low bulk
- Optimised for horizontal trim
- P-valve ready
- Exceptional warmth
- Water resistant outer layer
- All-way stretch fabric for snug fit
- Perfect over a J2 baselayer
- Machine washable



Incorporating highly advanced thermal technology and one of the most insulating materials ever developed, the HALO A°R's performance exceeds expectations of any diving undersuit.

Using technology originally created for space exploration and cryogenics, the HALO A°R features the extreme insulation material A°RGON™ aerogel in a compression resistant matrix.

WHAT IS A°RGON™ ?

A form of Aerogel developed for insulation in spacecrafts and cryogenics due to its superior insulation properties. Traditionally this material is created by removing the liquid from a gel and replacing it with air, which creates a light-weight, hollow and flexible structure. A°RGON™ is a foam embedded version of this which allows it to function in a diving context.

With phenomenal insulation properties, this material enables the HALO A°R to achieve extreme thermal protection from a thinner, less buoyant diving undersuit.

The offset chest zip and baffles ensure that heat lost from the torso is minimised when in horizontal trim. All the body from shoulders to knees is protected by a layer of A°RGON™, while other critical areas also benefit from this enhanced insulation without compromising mobility or creating bulk.

Building on fourth element's experience in thermal protection and bodymapping, the HALO A°R was assessed with thermal imaging cameras to improve and modify prototypes.

"COMING OUT OF 2°C WATER INTO AIR TEMPS OF -25°C WE ARE FROZEN IN OUR SUITS ALMOST INSTANTLY. MY NEW HALO A°R WITH MY X-CORE WAS SO TOASTY!"

- Jill Heinerth

Men's Halo AR

Black
HAM01
XS-XXXL | Short: S-XXXL | Tall: M-XL
Outer: 44% Nylon / 50% Polyester / 6% Elastane
Inner: 95% Polyester (74% recycled) / 5% Elastane / A°RGON™ Insulation

Women's Halo AR

Black
HAW01
XXS to XXXL | Short: XXXS-XXXL
Outer: 44% Nylon / 50% Polyester / 6% Elastane
Inner: 95% Polyester (74% recycled) / 5% Elastane / A°RGON™ Insulation



Halo AR Gloves

Black
HARG01
XS - XXL
Outer: 44% Nylon / 50% Polyester / 6% Elastane
Inner: 95% Polyester (74% recycled) / 5% Elastane / A°RGON™ Insulation



Incorporating highly advanced thermal technology and one of the most insulating materials ever developed, the HALO A°R glove's performance exceeds expectations of any diving glove liner.

With phenomenal insulation properties, this material enables the HALO A°R gloves to achieve extreme thermal protection from a thinner, less buoyant diving glove. With a wind and water resistant stretch outer layer, this is a glove which can be worn in total comfort, all day.

ARCTIC HIGH PERFORMANCE UNDERSUIT

Updated
design

FEATURES

- Suited for use under membrane or trilaminate drysuit
- Fast-wicking and high insulation
- Performs whilst wet
- High density inner fleece
- Water-repellent outer layer
- Updated fit for flexibility in movement and donning
- Outer: 80% recycled polyester, 17% nylon, 3% elastane.
- Inner: 100% recycled polyester

Now with 80% recycled polyester in the outer and 100% recycled polyester in the internal layer, the Arctic undersuit system ensures exceptional levels of thermal protection and becomes part of our mission to become OceanPositive.

Using a unique combination of fast wicking, high insulation fabrics, the Arctic creates a micro-climate around the diver, keeping the body dry and warm. A high density inner fleece provides superior

insulation, with maximum comfort and wicking, whilst the outer layer with its water-repellent finish ensures a snug fit.

The 2024 redesign builds on more than 20 years experience in developing thermal garments and includes new features to improve fit, usability and the overall thermal performance. In a layering system, the Arctic is suited for use underneath neoprene, membrane and trilaminate suits.



Mens Arctic One Piece

Black
XTR5001P
XS - XXXL | Short: M - XXXL

Womens Arctic One Piece

Black
XTR5001PW
XS - XXXL | Short: M - XXXL

Men's Arctic Top

Black
XTR500T
S - XXXL

Men's Arctic Leggings

Black
XTR500L
S - XXXL | Short: S - XXXL

Women's Arctic Top

Black
LXTR500T
XXS - XXXL

Women's Arctic Leggings

Black
LXTR500L
XXS - XXXL | Short: XXS - XXXL



ARCTIC HIGH PERFORMANCE UNDERSUIT



Arctic Hat
Black
XTR500H
M - XL



Arctic Socks
Black
XTR500S
XS - XXL

Low bulk thermal protection to the extremities. The two layer construction is warm and comfortable, and the inner liner can be pulled out from the outer liner to speed drying times.

X-CORE NO BATTERIES, NO WIRES. JUST YOU

FEATURES

- OceanPositive garment made from 76% recycled polyester
- Odour resistant, fast-wicking fabric
- Wear next to skin or over a baselayer for a drier and warmer dive
- Minimises impact on buoyancy and bulk
- Machine washable, four-way stretch fabric



Men's X-Core Vest

Black
XCMV01
XS - XXXL
76% recycled polyester /
16% Polyester / 8% Elastane

Women's X-Core Vest

Black
XCWV01
XXS - XXXL
76% recycled polyester /
16% Polyester / 8% Elastane

X-Core provides extreme thermal protection to the core, enabling longer, more comfortable dives.

Designed to be worn under an Arctic,

Halo A°R or any other drysuit undergarment, X-Core augments thermal protection to the extent that electric heating can be avoided in many instances.



XEROTHERM

THE ULTIMATE THERMAL BASELAYER

Updated design

FEATURES

- Outstanding thermal performance
- Lightweight and hard wearing
- Low bulk and buoyancy
- Extremely fast-wicking
- Machine washable
- Performs when wet

The ultimate base layer for use under a drysuit. Made using Polartec® Powerstretch® originally developed for NASA, the Xerotherm traps a layer of air - a much better insulator than water - next to the skin, keeping the wearer drier and more comfortable. The range is designed to be worn under another

undersuit or on its own under a neoprene drysuit.

The knit of the Xerotherm fabric produces the fastest wicking effect of any of the products in the fourth element product range.



Men's Xerotherm LS Top

Black
XTR2501MTBK
S - XXXL
53% Polyester / 38% Nylon / 9% Elastane

Men's Xerotherm Leggings

Black
XTR2501MLBK
S - XXXL
53% Polyester / 38% Nylon / 9% Elastane

Women's Xerotherm LS Top

Black
XTR2501WTBK
XXS - XXXL
53% Polyester / 38% Nylon / 9% Elastane

Women's Xerotherm Leggings

Black
XTR2501WLBK
XXS - XXXL
53% Polyester / 38% Nylon / 9% Elastane



Xerotherm Beanie Hat

Black
XTR2501HBK
S/M - L/XL
53% Polyester / 38% Nylon / 9% Elastane

The perfect complement to the rest of the Xerotherm range. Effective wet or dry, the beanie hat is the ideal thing to stash in a dive bag, or even the pocket of a BCD to put on and warm up after a dive.



Xerotherm Socks

Black
XTR2501S
XS - XXL
53% Polyester / 38% Nylon / 9% Elastane

Thin enough to be worn under other drysuit socks yet capable enough as thermal protection in their own right.



Xerotherm Wrist Warmers

Black
XTR2501WBK
XS - XL
53% Polyester / 38% Nylon / 9% Elastane

For use with dry gloves, bridging the gap between a diver's undersuit and dry glove liner.



Xerotherm Gloves

Black
XTR250G
XS - XXL
84% Polyester / 16% Elastane

Excellent thermal protection as dry glove liners with maximum dexterity.

J2 EXTENDED BASELAYER PERFORMANCE

NEW!

FEATURES

- Developed for the J2 caving expedition
- Tested for 19 days, 24hrs a day
- Anti-microbial silver ion technology
- Lightweight and compact
- Fast-wicking
- Perfect for extended drysuit diving
- Made using recycled polyester

With excellent anti-microbial performance thanks to the use of silver ion technology, and outstanding wicking from a unique fabric, the OceanPositive J2 baselayer is designed for extended use under a drysuit.

Now OceanPositive and made with Global Recycled Standard certified recycled polyester, these baselayers are an essential on any dive trip or expedition.



Men's J2 LS Top

Black
J2RMTBK
XS-XXXL
90% recycled polyester
10% Elastane

Women's J2 LS Top

Black
J2RWTBK
XXS - XXXL
90% recycled polyester
10% elastane

Men's J2 Leggings

Black
J2RMLBK
XS - XXXL
90% recycled polyester
10% elastane

Women's J2 Leggings

Black
J2RWLBK
XXS - XXXL
90% recycled polyester
10% elastane

Men's J2 SS Top

Black
J2RMSSTBK
XS - XXXL
90% recycled polyester
10% elastane

Women's J2 SS Top

Black
J2RWSSTBK
XXS - XXXL
90% recycled polyester
10% elastane

Men's J2 Shorts

Black
J2RMSBK
XS - XXXL
90% recycled polyester
10% elastane

Women's J2 Shorts

Black
J2RWSBK
XXS - XXXL
90% recycled polyester
10% elastane

Women's J2 Bra Top

Black
J2RWBBK
XXS - XXL
90% recycled polyester
10% elastane





WETSUITS

FROM PROTEUS II - THE WARMEST 5MM WETSUIT ON THE MARKET TO THERMOCLINE AND SURFACE MADE FROM RECYCLED AND SUSTAINABLE MATERIALS, OUR WETSUITS ARE ALL ABOUT INNOVATION AND PERFORMANCE.

PROTEUS II

ADVANCED WETSUIT TECHNOLOGY

FEATURES

- Improved fit and thermal performance
- Limestone neoprene made using recycled rubber
- Chemical-free glue
- Hexcore thermal lining on torso
- Thermoflex thermal lining throughout rest of suit
- Taped, waterproof seams
- Hydrolock neck seal system
- Internal PU ankle seals
- Glideskin wrist seals
- Ultra stretch knee pads

The Proteus II is arguably the highest performing wetsuit on the market. Available in 3mm and 5mm, the Proteus II is often the benchmark to which other suits are compared in terms of warmth.

By combining the Hydrolock™ inner neck seal and Glideskin wrist seals, water ingress is minimised. Additional Hexcore linings on the body core provide enhanced thermal performance where it is most needed for prolonged water exposure.

The 3mm suit is probably the only 3mm in the world to possess such advanced features, allowing it to perform more like other 5mm suits with greater flexibility, and less buoyancy.

We recommend the 5mm suit for prolonged dives in temperatures of 19C and warmer. To get more out of any wetsuit in colder waters, combine it with a ThermoLine vest and shorts underneath and use a 3 or 5mm hood.

Men's Proteus II 5mm

Black
IIPROTS
XS - XXXL | Short: XS - XXL | Tall: S - L
90% Neoprene / 10% Nylon

Women's Proteus II 5mm

Black
IIPROTS
XXS - XXL | Short: XS - XL | Tall: S - L
90% Neoprene / 10% Nylon



PROTEUS II

ADVANCED WETSUIT TECHNOLOGY

Men's Proteus II 3mm
 Black
 IIPROT3
 XS - XXL | Short: XS - XXL | Tall: S - L
 90% Neoprene / 10% Nylon

Women's Proteus II 3mm
 Black
 IILPROT3
 XXS - XXL | Short XS - XXL | Tall: S - L
 90% Neoprene / 10% Nylon



XENOS

FAST TRANSITION WETSUIT

FEATURES

- Stretch neoprene for optimum fit
- Designed for rapid donning and doffing
- Watertight glued and blind stitched seams
- Thermal lining
- Wrist seals to minimise water ingress
- Flattering lines
- Internal PU seals at ankle
- Cutaway ankle for easy donning

Men's Xenos 7mm

Black/Grey
XMF7BG
XS-XXXL | Short: S-XXL | Tall: S-L
90% Neoprene / 10% Nylon

Women's Xenos 7mm

Black/Grey
XWF7BG
XXS - XXL | Short XS - XXL | Tall: S - L
90% Neoprene / 10% Nylon



The design criteria were to make the Xenos as easy as possible to get on and off. This is achieved by cut away ankles (inspired by the fast transition features of triathlon suits) and smooth linings in the arms and legs.

Comfortable stretch neoprene throughout ensures that the suit fits well, hugging the body and minimising water flushing through the suit. Double glued and blind stitched seams combine with internal ankle seals and wrist seals to minimise water ingress.



XENOS

FAST TRANSITION WETSUIT

Men's Xenos 5mm
 Black/Grey
 XMF5BG
 XS - XXXL | Short: S - XXL | Tall: S - L
 90% Neoprene / 10% Nylon

Women's Xenos 5mm
 Black/Grey
 XWF5BG
 XXS - XXL | Short: XS - XXXL | Tall: S - L
 90% Neoprene / 10% Nylon



Mens Xenos 3mm
 Black/Grey
 XMF3BG
 XS - XXXL | Short: S - XXL | Tall: S - L
 90% Neoprene / 10% Nylon

Women's Xenos 3mm
 Black/Fuchsia
 XWF3BF
 XXS - XXL | Short XS - XXXL | Tall: S - L
 90% Neoprene / 10% Nylon



XENOS

FAST TRANSITION WETSUIT

Men's Xenos Shorty 3mm

Black/Grey
XMS3BGL
XS-XXXL
90% Neoprene / 10% Nylon

Women's Xenos Shorty 3mm

Black/Grey
XWS3BF
XXS - XXL
90% Neoprene / 10% Nylon



HOODED VEST

A simple minimalist design ensures that this vest will fit under an existing wetsuit, offering enhanced protection to the body core. The 3mm neoprene fabric features a smooth outer and thermal inner lining and the hood's Smoothskin seal ensures that water ingress is minimised.

Men's Neoprene Hooded Vest

3mm torso/5mm hood
Black
HVM01
XS-XXXL
Dope Dyed Black 90% Neoprene / 10% Nylon

Women's Neoprene Hooded Vest

3mm torso/5mm hood
Black
HVV01
XXS - XXL
Dope Dyed Black 90% Neoprene / 10% Nylon



RF 1

BE IN THE MOMENT

FEATURES

- **Freedive specific suit**
- **Chemical-free glue**
- **Dope-dyed yarn**
- **3/2mm thickness for comfort**
- **Designed for simple donning & doffing**
- **Smoothskin seals on cuffs and ankles**
- **Glued and blind stitched throughout**
- **Shaped low profile back neck closure**
- **Smoothskin shoulders and side panels**

With the optimum combination of Smoothskin and lined neoprene, the RF1 is designed to maximise your freedom in the water, allowing you to focus on your breath, visualise and reach your limit. Easy to don, yet effectively sealed

by Smoothskin seals. A 'black-out' zipper and robust inner linings ensure that this suit is more versatile than open cell suits. Smoothskin panels over the shoulders and along the legs give excellent stretch, improving fit and hydrodynamics.

Men's RF1 3/2mm

Black
RF11PM01
XS-XXXL | Short: XS-XXL | Tall: S-L
Dope Dyed Black 90% Neoprene / 10% Nylon

Women's RF1 3/2mm

Black
RF11PW01
XXS - XXL | Short XS - XXXL | Tall: S - L
Dope Dyed Black 90% Neoprene / 10% Nylon



Men's RF Vest 3mm

Black
RFVM01
XS-XXXL
Dope Dyed Black 90% Neoprene / 10% Nylon



Women's RF Vest 3mm

Black
RFVW01
XXS - XXL
Dope Dyed Black 90% Neoprene / 10% Nylon



RF Socks 3mm

Black
RF503
XS-XXL
Dope Dyed Black 90% Neoprene / 10% Nylon with open cell lining
Toe and Sole : Supratex 92% Recycled Polyester / 8% Spandex

RF2

BE IN THE MOMENT

FEATURES

- **Freedive specific suit**
- **Streamline cut, optimising glide**
- **Limestone neoprene made using recycled rubber**
- **Chemical-free glue**
- **Dope-dyed yarn**
- **5mm comfort, flexibility and warmth**
- **Open cell interior, lined exterior**
- **Smoothskin outer hood and shoulders for extra hydrodynamics**
- **Beavertail closure**
- **Supratex seat panel for extra durability**

Designed with the consultation of professional freedivers and instructors, and with the knowledge of freedive suit specialists, this suit brings together fourth element's knowledge of thermal protection with freediving expertise at the top of the sport to create a recreational suit that you won't want to take off. Combining panels lined with nylon for durability with open-cell interior to minimise water ingress and maximise warmth, this 2-piece freediving suit offers cool and cold water freedivers the freedom to explore their limits in comfort.

With hydrodynamic panels of Smoothskin neoprene and lined neoprene, the suit is both comfortable and practical, being more durable than Smoothskin suits, whilst retaining excellent stretch and form-fitting design.

We recommend using an eco-friendly suit lube in order to don this suit without damaging the inner surfaces.

Men's RF2 Jacket 6/5/4mm
Black
RF2JM01
XS-XXXL | Short: M-XL | Tall: M-XL
Dope Dyed 90% Neoprene / 10% Nylon

Men's RF2 Leggings 5/4mm
Black
RF2LM01
XS-XXXL | Short: M-XL | Tall: M-XL
Dope Dyed 90% Neoprene / 10% Nylon

Women's RF2 Jacket 6/5/4mm
Black
RF2JW01
XXS - XXL | Short: S-L | Tall: S-L
Dope Dyed 90% Neoprene / 10% Nylon

Women's RF2 Leggings 5/4mm
Black
RF2LW01
XXS - XXL | Short: S - L | Tall: S-T
Dope Dyed 90% Neoprene / 10% Nylon



"THE BEST OFF-THE-PEG FREEDIVING SUIT ON THE MARKET"

- Daan Verhoven

SURFACE GROWN - NOT MADE

FEATURES

- For snorkelling, shallow freediving and surface watersports
- Yulex Pure™ natural neoprene made from sustainable latex
- Water-based glue
- 95% lined with recycled polyester
- Minimalist branding with water-based inks
- Inner ankle and wrist seals
- Simple, minimalist design maximises flexibility



Designed for freediving, snorkelling and surface watersports, this is the first diving wetsuit to be made with certified sustainable natural rubber and recycled inner and outer linings, for minimal impact on the ocean.

The minimal design features a mini chest zipper entry, eliminating the need for a back zip, improving mobility and minimizing the opportunity for water to enter the suit through the teeth of the zip. Bonded with water-based glue, delivering comfort from a suit designed to have minimal impact on the ocean.

Men's Surface 4/3mm

Blue
SURFM43BU
XS-XXL | Short: XS-XXL | Tall: S-L
Yulex Pure™ 100% Natural rubber
Lining: 88% Recycled Polyester / 12% Elastane

Women's Surface 4/3mm

Blue
SURFW43BU
XXS-XL | Short: XS-L
Yulex Pure™ 100% Natural rubber
Lining: 88% Recycled Polyester / 12% Elastane

Surface Hood 3mm

Blue
HOSURF03
XS-XXL
Yulex Pure™ 100% Natural rubber
Lining: 88% Recycled Polyester / 12% Elastane



What is Yulex?

YULEX rubber is a natural, sustainable alternative to traditional oil-based neoprene.

YULEX® natural rubber is FSC-certified meaning it's backed by The Forest Stewardship Council.

YULEX® is committed to providing deforestation free, environmentally, and socially responsible natural rubber that still maintains the same high performance of traditional neoprene.



THERMOCLINE

NEXT GENERATION OCEAN WEAR

FEATURES

- Neoprene free
- Outer contains 78% recycled nylon
- Lightweight
- Wind and waterproof fabric
- Breathable
- Neutrally buoyant
- Machine washable on cool cycle
- Equivalent of 2mm neoprene



Men's Thermocline One Piece

Black
TL2M1P2
S - XXXL | Short: S - L
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane

Women's Thermocline One Piece

Black
TL2W1P2
XXS - XXXL | Short XXS - M
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane

Perfect for all surface water sports as well as warm water scuba, this is revolutionary thermal protection. Lightweight, neutrally buoyant, machine washable, breathable and hypo-allergenic, the Thermocline full suit combines our experience with high technology fabrics with our passion for life in, on and under the water, to produce a truly versatile lightweight wetsuit system.

The fabric ensures that the wearer is more comfortable when out of the water, during surface sports, or when kitting up for a dive. The inner fleece layer draws moisture away from the skin and wicks through the breathable membrane where it evaporates off the nylon surface.

In the water, the membrane traps a thin layer next to the body and prevents colder water flowing over the body, making it perfect for surfers, freedivers and scuba divers.



THERMOCLINE NEXT GENERATION OCEAN WEAR



Men's Thermocline Jacket

Black
TL2MJ2
S-XXXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane



Women's Thermocline Jacket

Black
TL2WJ2
XXS - XXXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane

Men's Thermocline Vest

Black/Grey
TL2MV
S - XXXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane



Women's Thermocline Vest

Black/Grey
TL2WV
XXS - XXXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane

Men's Thermocline Long Sleeved Top

Black/Grey
TL2ML2
S - XXXL
33% Econyl® Recycled Nylon /
57% Polyester /
10% Elastane



Women's Thermocline Long Sleeved Top

Black/Grey
TL2WL2
XXS - XXXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane

Women's Thermocline Long Sleeved Swimsuit

Black/Grey
TL2WLSWL2
XXS - XXXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane



THERMOCLINE

NEXT GENERATION OCEAN WEAR

Men's Thermocline Leggings

Black
TL2MLG
S - XXXL | Short: S - L
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane



Women's Thermocline Leggings

Black
TL2WLG
XXS - XXXL | Short S - XL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane

Men's Thermocline Shorts

Black
TL2MS
S - XXXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane



Women's Thermocline Shorts

Black/Grey
TL2WS
XXS - XXXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane

Thermocline Hood

Black
TL2H01
XS - XXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane



Thermocline Fin Socks

Black
TL2SFS01
XS - XXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane



SOCKS



Hotfoot Pro Drysuit Socks

Black
HFP01
XS - XXL | UK 3/4 - 13/14
33% Econyl® Recycled Nylon / 57% Polyester / 10% Elastane

Waterproof outer with thermal inner lining provides excellent warmth.



Xerotherm Socks

Black
XTR2501S
XS - XXL
53% Polyester / 38% Nylon / 9% Elastane

Xerotherm baselayer socks for to add additional warmth for your feet or when diving in warmer climates.



Arctic Socks

Black
XTR500S
XS - XXL
Outer: 80% recycled polyester, 17% nylon, 3% elastane.
Inner: 100% recycled polyester

Low bulk thermal protection to the extremities. The two layer construction is warm and comfortable, and the inner liner can be pulled out from the outer liner to speed drying times.



BOOTS



Amphibian Boots

Black
BTA
UK 4 - 13 | US 5 - 14
80% nylon / 20% polypropylene
Comes with ergonomic footbed to customise your fit.



Pelagic Boots

Black
BTP
UK 4 - 13 | US 5 - 14
80% nylon / 20% polypropylene
Comes with ergonomic footbed to customise your fit.



Rock Hopper 3mm

Black/Grey
BTR
UK 4 - 13 | US 5 - 14
100% natural rubber
Upper: 88% recycled polyester / 12% elastane
Comes with ergonomic footbed to customise your fit.



HOODS

Our 3mm, 5mm and 7mm hoods have a simple minimalist design with a smooth Glideskin interior and are produced using stretch neoprene to ensure a comfortable fit. The short collar works for both dry and wet suits, and micro holes in the hood help to vent air with minimal water ingress.



3mm Hood
Black
HOO3
XS - XXL
90% Neoprene / 10% Nylon



5mm Hood
Black
HOO5
XS - XXL
90% Neoprene / 10% Nylon



7mm Hood
Black
HOO7
XS - XXL
90% Neoprene / 10% Nylon



7mm Cold Water Hood
Black
HOOCW7
XS - XXL
90% Neoprene / 10% Nylon



Thermocline Hood
Black
TL2H01
XS - XXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane



Thermocline Hood with Skirt
Black
TL2SH01
XS - XXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane



GLOVES

A fourth element staple, redesigned using new materials and construction, the glove range has improved fit, comfort and flexibility. Minimal prints have been used over the backs of the hands where most flex occurs; reducing fatigue in the hands over long dives whilst still maximising the thermal protection.



3mm Neoprene Gloves

Black
GL203
XS - XXL
90% Neoprene / 10% Nylon

Maximise thermal protection and dexterity with outstanding flexibility in this 3mm glove. Fused seams ensure minimal water ingress while the longer length cuff can be trimmed to the preferred length.



5mm Hydrolock Neoprene Gloves

Black
GL205
XS - XXL
90% Neoprene / 10% Nylon

The most popular glove in our range has outstanding fit and excellent flexibility. The Hydrolock wrist seal almost eliminates water ingress, and fused seams ensure excellent thermal performance.



5mm Kevlar Hydrolock Gloves

Black
GL2K05
XS - XXL
90% Neoprene / 10% Nylon

Combining 5mm Kevlar reinforced fabric across the palm, fingertips and thumb with 5mm stretch neoprene across the back of the hands produces a remarkably comfortable glove.



7mm Neoprene Hydrolock Mitt

Black
GL2M07
XS - XXL
90% Neoprene / 10% Nylon

Our warmest wet-glove has been redesigned to enhance fit and increase dexterity, reducing fatigue. With three fingers of each hand in a single compartment, the hands remain warmer as a result, whilst the index finger and thumb are free for manual operations.



Xerothem Wrist Warmers

Black
XTR2501WBK
XS - XL
53% Polyester / 38% Nylon /
9% Elastane

For use with dry gloves, bridging the gap between a diver's undersuit and dry glove liner. Allows air to equalise, preventing squeeze.



Xerothem Gloves

Black
XT250G
XS - XXL
84% Polyester / 16% Elastane

Excellent thermal protection as dry glove liners without being bulky, allowing for maximum dexterity.



G1 Glove Liners

Grey
GLG1
XS - XXL
90% Neoprene / 10% Nylon

For use under dry gloves or wet mitts. 1.5mm hydrofoam provides the confidence that in the case of a dry glove failure they will retain and provide thermal protection.



Heavy Duty Dry Gloves

Black
DSGUBK
S - XXL
HD Latex

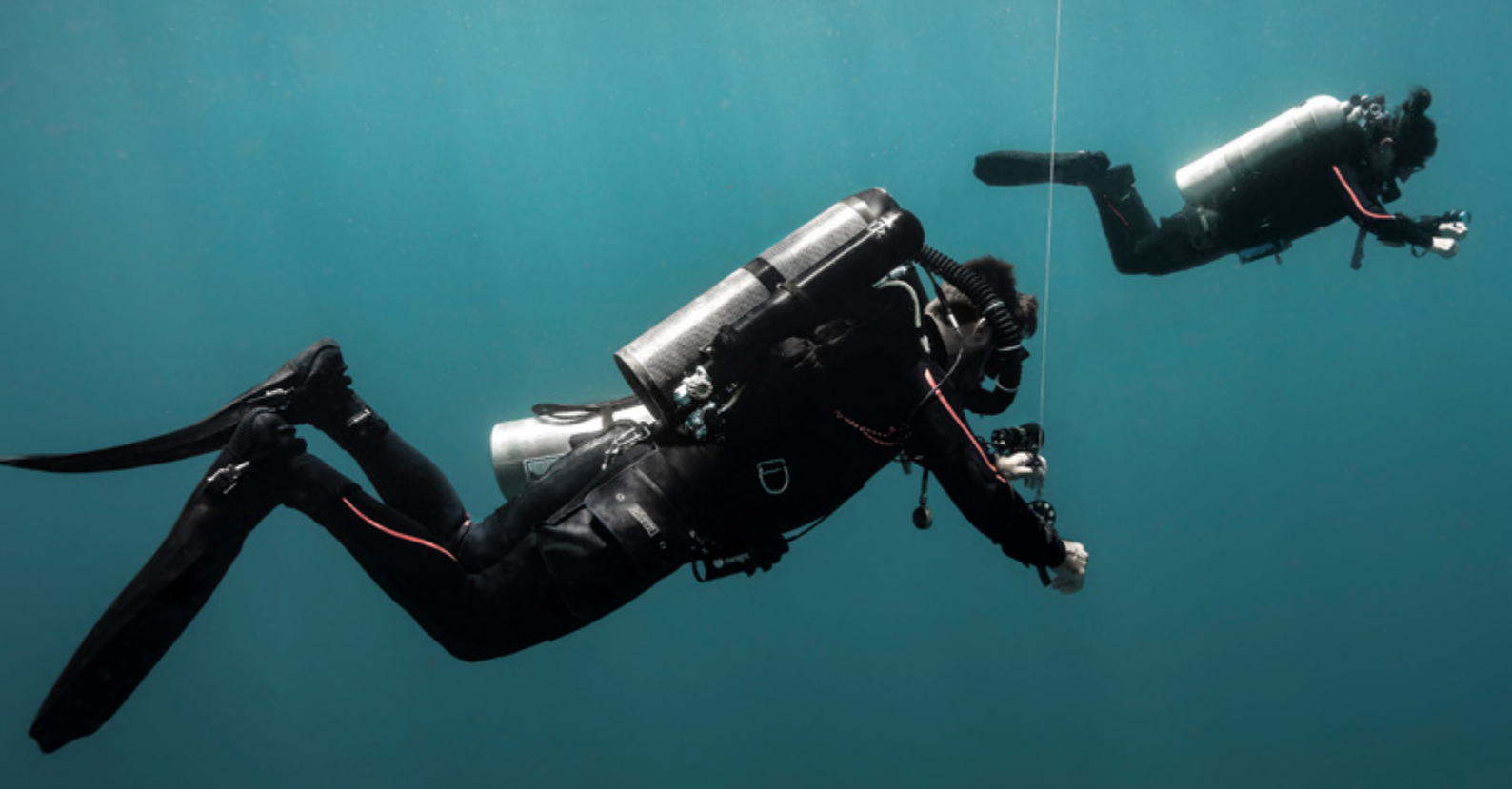
These thicker dry gloves are well-suited for cold or technical dives. Robust texture offering excellent grip and durability.



Halo AR Gloves

Black
HARGL01
XS - XXL
Outer: 44% Nylon / 50% Polyester / 6% Elastane
Inner: 95% Polyester (74% recycled) / 5% Elastane / A°RGON™ Insulation

Incorporating highly advanced thermal technology and one of the most insulating materials ever developed,



TECH SHORTS

FEATURES

- Designed to be worn over a wetsuit
- Easy to don
- Generous, fast draining pockets
- Internal bungee loops in pockets
- Durable recycled supratex lining in crotch and seat
- Wide waistband with hold-fast interior panel
- Low profile buckle, offset for comfort

Technical Shorts

Black
TECHSM01
XS-XXXL (unisex)
Waistband & side panels : 90% Neoprene / 10% Nylon
Leg panels : Recycled Supratex (92% Recycled Polyester / 8% Spandex)
Pockets : Trilaminate CORDURA®



ZAMBEZI SHORTS

The fast-drying, lightweight stretch fabric of these shorts began life as plastic waste. Around 8 bottles make each pair!

FEATURES

- Quick dry fabric
- 90% recycled polyester derived from plastic bottles
- 4 way stretch
- Quick draining, mesh-lined pockets
- Hook and loop front closure with drawcord fastening
- Back pocket with zip closure
- Branded silicone patch
- UPF 35
- Biodegradable packaging



Men's Zambezi Shorts
Slate Pattern
ZBSM01
XS - XXXL
90% Recycled Polyester/ 10% Elastane





MASKS, FINNS & SNORKELS

INNOVATIVE IDEAS MEET CLASSIC DESIGNS,
OPTIMISED FOR PERFORMANCE FOR ALL DIVERS.



SEEKER FOR SIGHTS UNSEEN

FEATURES

- Single lens frameless mask
- Choice of pure clear or contrast lens
- Universal fit
- Ideal for snorkelling & scuba diving
- Near-natural field of view
- Soft silicone skirt
- Moulded silicone strap
- Angled profile to maximise field of view
- Compatible with fourth element recycled mask strap

The Seeker mask was designed with two main objectives: maximise the diver's field of vision and to create a mask that fits everyone. New facial geometry was combined with a soft silicone skirt to provide an outstanding and comfortable fit.

The low volume design allows easy equalisation and mask clearing as well as creating a visual experience which is wider and brighter than ever before.

Choose the pure clear lens for maximum light transmission or a contrast lens to improve the contrast of light and dark—especially useful in colder, green water.



Black / Clarity
SKMSK01



Black / Contrast
SKMSK02



Grey / Clarity
SKMSK03



Deep Blue / Clarity
SKMSK04



All Seekers come with the new
and improved mask case

SCOUT WINDOW TO ADVENTURE

FEATURES

- Single lens frameless mask
- Ideal for snorkelling & scuba diving
- Angled profile to maximise field of view
- Soft silicone skirt for optimised comfort fit
- Easily interchangeable straps



White / Shield
MKSC01



White / Clarity
MKSC02



White / Contrast
MKSC03



White / Enhance
MKSC04



Black / Shield
MKSC05



Black / Clarity
MKSC06



Black / Contrast
MKSC07



Black / Enhance
MKSC08

RECYCLED MASK STRAP

FEATURES

- Made with recycled materials
- Wide, comfortable, easily adjustable band
- Packaged without plastic
- Supplied as standard with SCOUT Mask

- Aqua/White MS01
- White/Grey MS02
- Black/Grey MS03
- Grey/Black MS04



AQUANAUT

FEATURES

- Excellent field of vision
- Soft silicone skirt
- Moulded silicone strap
- Compatible with fourth element mask straps
- Tempered glass lens with two lens options



Black / Clarity
MKAQ01



Black / Contrast
MKAQ02



White / Clarity
MKAQ03

NAVIGATOR

FEATURES

- Excellent field of vision
- Soft silicone skirt
- Moulded silicone strap
- Compatible with fourth element mask straps
- Tempered glass lens with two lens options
- Available in classic and wide fit



Black / Clarity (classic fit) MKNV01
Black / Clarity (wide fit) MKNV04



Black / Enhance (classic fit) MKNV02
Black / Enhance (wide fit) MKNV06

MASK CASE

FEATURES

- Half shell design made with cushioning EVA material
- Protective Lycra skirt with elastic loop for easy closure
- Low bulk



TECH FINS ENGINEERED BY NATURE

FEATURES

- Natural rubber heel strap
- Stainless steel spring strap
- Soft foot pocket
- Hydro-flow vents
- Turbulence disruptors
- Strengthening ribs
- Stiffening lateral rails
- Supplied with hang strap



Deep blue FNTEK04
Black FNTEK01
Grey FNTEK02

M (UK 4 - 7, US 5 - 8, EUR 36 - 41)
L (UK 8 - 10, US 9 - 11, EUR 42 - 44)
XL (UK 10 - 12, US 11 - 13, EUR 44 - 46)
XXL (UK 12 - 14, US 13 - 15, EUR 46 - 48)

New colour!



RECYCLED FINS REDUCE YOUR FINPRINT

FEATURES

- Blade and foot pocket made from 100% recycled plastic
- Fins come packaged in zero plastic
- Adjustable silicone heel strap provides 6 points of adjustment
- Soft foot pocket
- Classic 4 channel fin design



Black/Grey FNREC01
Aqua/White FNREC02

S (UK 4 - 6.5, US 5 - 7.5, EUR 36 - 40)
REG (UK 7 - 9, US 8 - 10, EUR 41 - 43)
XL (UK 9.5 - 12, US 10.5 - 13, EUR 43.5 - 46)



SPLASH

- Splash guard
- Soft silicone mouthpiece
- Purge valve
- Detachable snorkel keeper



Black / Black SNSP01
Black / White SNSP02
White / Aqua SNSP03

DRY

- Dry top snorkel
- Soft silicone mouthpiece
- Purge valve
- Detachable snorkel keeper



Black / Black SNDR01
White / White SNDR02
Aqua / White SNDR03

FLOAT

- Floating snorkel
- Foldable for easy storage
- Classic J shape
- Detachable snorkel keeper



Black / Grey SNFL01
Black / White SNFL02

A photograph of three people hiking on a rocky, brownish cliffside. On the left, a woman with long dark hair is wearing a teal long-sleeved rashguard and black shorts, carrying a teal and white striped bag. In the center, a man with curly hair is wearing a white long-sleeved rashguard and grey shorts, carrying a black backpack. On the right, a man is wearing a grey long-sleeved rashguard and blue patterned shorts, carrying a black bag. The background shows a rugged, layered rock face under a bright sky.

SWIMWEAR & RASHGUARDS

MADE USING RECYCLED MATERIALS, OUR SWIMWEAR AND RASHGUARDS DON'T JUST PERFORM WELL IN THE WATER, THEY PROTECT THE VERY ENVIRONMENT WE ALL LOVE.

HYDRO-T CLASSIC FIT RASH VEST

FEATURES

- **UPF 50+** sun protection
- **Made using 85% Recycled Polyester**
- **Water based Inks**
- **Flatlock seams**
- **Ultra smooth fabric**
- **Thumb loops**



Part of our OceanPositive Collection, these Hydroskin rashguards are designed to wear under a wetsuit or semi-dry suit or as a 50+ UV shield for all water sport activities. The fit of these rashguards has been improved with flattering panels, kept streamlined with flatlocked seams.

The ultra smooth fabric is made with a combination of recycled polyester and stretchy elastane to help reduce friction between the skin and a wetsuit.



Lava / Deep Blue



Ocean Blue / Deep blue



Black / Ocean Blue



Lava / Deep Blue



Ocean blue / Deep Blue



Aqua / Surf Spray

Men's Long Sleeve Hydro T
Lava / Deep Blue HYMLLV
Ocean Blue / Deep Blue HYMLDB
Black / Ocean Blue HYMLBK
XS-XXXL
85% Recycled Polyester / 15% Elastane

Women's Long Sleeve Hydro T
Lava / Deep Blue HYWLLV
Ocean Blue / Deep Blue HYWLDB
Aqua / Surf Spray HYWLAQ
XXS - XXL
85% Recycled Polyester / 15% Elastane

Women's Short Sleeve Hydro T
Ocean Blue / Deep Blue HYWSDB
XXS - XXL
85% Recycled Polyester / 15% Elastane



Ocean Blue / Deep Blue

HYDRO-T CLASSIC FIT RASH VEST

FEATURES

- UPF 50+ sun protection
- Made using 85% recycled polyester derived from plastic bottles
- Water-based inks
- Flatlock seams
- Stinger protection
- Ideal under rental wetsuits



Part of our OceanPositive Collection, these Hydro-T rashguards are designed to wear under a wetsuit or semi-dry suit, or as a UV shield for all water sport activities.



Men's Long Sleeve Hydroskin

White HYLM04 / Black HYLM03 / Insignia Blue HYLM02
XS-XXXL
85% Recycled Polyester / 15% Elastane

Men's Short Sleeve Hydroskin

White HYMS04 / Black HYMS03
XS-XXXL
85% Recycled Polyester / 15% Elastane

Women's Long Sleeve Hydroskin

Black HYWL05
XXS - XXL
85% Recycled Polyester / 15% Elastane

Women's Short Sleeve Hydroskin

Coral HYWS01 / Pastel Turquoise HYSW02 /
Midnight Navy HYSW04
XXS - XXL
85% Recycled Polyester / 15% Elastane



HYDRO-T LOOSE FIT RASH VEST

FEATURES

- For use in or out of water
- 27% recycled polyester derived from plastic bottles
- UV Protection UPF 50+
- Lightweight
- Moisture wicking
- Ultra quick drying



Designed for use in or out of the water, the loose fit gives you room to breathe and move, whilst the lightweight fabric wicks away moisture. Each Hydro-T is made using approximately 4 recycled plastic bottles, preventing them going to landfill, or worse, entering our oceans. Ideal for diving, snorkelling, surfing, SUP, yoga, running, biking and more.



Men's Long Sleeve Hydro-T

Baltic Blue HYOPLSM01 / Ice Blue HYOPLSM02
S - XXXL
63% Polyester / 10% Elastane / 27% Recycled Polyester

Men's Short Sleeve Hydro-T

Azure Blue HYOPSSM01 / Ice Blue HYOPSSM02
S - XXXL
63% Polyester / 10% Elastane / 27% Recycled Polyester

Women's Long Sleeve Hydro-T

Baltic Blue HYOPLSW01 / Ocean Depth HYOPLSW02
S - XXXL
63% Polyester / 10% Elastane / 27% Recycled Polyester



STINGER SUIT

FEATURES

- UPF 50+ sun protection
- Stinger protection
- 85% recycled content
- Ultra smooth fabric
- Heavier weight fabric for stinger protection
- Perfect for snorkelling
- Hood and mitt integration
- Four way stretch
- Water-based inks



Developed to provide protection from stinging jellyfish and zooplankton which seasonally occur in tropical waters, this stinger suit provides all over protection thanks to a generous, close-fitting hood

and finger covering. Ideal snorkelling suit or for a warm dive. It also provides UPF 50+ protection from harmful UV radiation from the sun. Flatlocked seams throughout maximise comfort next to the skin.



Men's Stinger Suit

Black
HY1POPM01
XS-XXXL
85% Recycled Polyester / 15% Elastane

Women's Stinger Suit

Black
HY1POPW01
XXS - XXXL
85% Recycled Polyester / 15% Elastane



OUTERWEAR

ALL WEATHER PROTECTION FROM WIND,
RAIN AND THE COLD BEFORE AND AFTER
GETTING IN THE WATER.

PETREL JACKET

MADE FOR STORMS

- Made from 100% recycled materials
- 20,000 HH waterproof rating
- 15,000g breathability rating
- Fluorine-free DWR waterproofing
- Fully taped seams throughout
- Natulon® YKK AquaGuard® water resistant main zip*
- Natulon® YKK Coil chest zips
- Articulated sleeves
- Adjustable peaked hood
- Adjustable back hem
- Adjustable Velcro cuffs
- Cargo pockets with magnetic closure
- Additional handwarmer side pockets
- Relaxed fit for layering

Taking inspiration from the Petrel, a hardy sea bird that often appears just before a storm, this fully waterproof and windproof jacket is built to resist driving rain and persistent winds from incoming storms.

The high performance three layer shell is made from durable recycled nylon and polyester with a recycled TPU

Men's Petrel Jacket
Dark Graphite
PJMDGP
S-XXXL

Women's Petrel Jacket
Dark Graphite
PJWDGP
XS - XXXL

membrane, and has fully taped seams throughout. Recycled AquaGuard® main zip, recycled chest zips and adjustable cuffs, hem and peaked hood ensure total protection from the elements.

The relaxed fit and articulated sleeves a companion day to day, across seasons and on all your adventures.

**made from recycled PET bottles and other post-consumer materials*



YKK AquaGuard® main zip



Cargo pockets with magnetic closure and D-ring



Double chest pockets with Natulon® YKK Coil chest zips



Fully taped seams throughout with internal pockets

SHORELINE JACKET

THE ULTIMATE TRAVEL THROW-ON

- Relaxed fit
- 100% recycled polyester
- Fluorine free DWR waterproof treatment
- Taped waterproof inner seams
- YKK AquaGuard water-resistant zips
- 10,000 HH waterproof rating
- 20,000g breathability rating
- Adjustable peaked hood with hidden ergonomic toggles
- Chest pocket
- Adjustable velcro cuffs
- Internal zip gusset for added protection against the elements

The Shoreline is the ultimate travel throw-on, ideal for all your dive adventures. Made from 100% recycled materials and engineered to be lightweight. Its oversized, minimalist design offers quick and easy protection from the elements and effortlessly folds

into a compact size when not in use. Featuring inner taped seams, water-resistant YKK AquaGuard zips, and an adjustable peaked hood, this waterproof and windproof shell ensures reliable protection at sea or on land.



Shoreline Jacket
Bright Blue SLJ01
Unisex: XXS-XL
100% recycled polyester



TIDAL ROBE

COSY WITH A CONSCIENCE

FEATURES

- Waterproof*
- Breathable*
- Windproof
- Fluorocarbon free DWR waterproofing
- Fully taped seams
- Low bulk and lightweight
- Made from recycled polyester
- Warm, soft fleece lining
- Adjustable hood with hidden toggles
- Hand warmer pockets
- Warm with soft fleece lining
- Internal Chest Pocket

Made from recycled material, this full zip Tidal Robe has been built to keep the warmth in and the elements out. It's waterproof but breathable with super soft fleece lining and handwarmer pockets, making it perfect for keeping cosy after time spent in the water.

Use it to warm up after a session in or on the water, or to cover up on the beach, boat or anywhere when you want to warm up quickly. This robe is fully fleece-lined for after-swim warmth and is made using approximately 50 recycled plastic bottles.



* 10,000mm hydrostatic head waterproof rating
* 10,000g breathability rating

Tidal Robe
Green TRB02 / Orange TRB01
Unisex: XXS - XL
100% Recycled Polyester



STORM PONCHO

ALL WEATHER PONCHO

FEATURES

- **Waterproof***
- **Breathable***
- **Windproof**
- **Fluorocarbon free DWR waterproofing**
- **Side seam poppers for easy entry and changing**
- **Adjustable peaked hood**
- **Soft grid lining 37% recycled S.Café® polyester**
- **Two lined hand warmer pockets**
- **Room to get changed inside**
- **Internal name label**
- **Lightweight - under 1.16kg / 2.4lbs**



- * 10,000mm hydrostatic head waterproof rating
- * 10,000g breathability rating

Storm Poncho
 Navy PONCHO5 / Black PONCHO3 / Burgundy PONCHO4
 Unisex: XXS - XL
 Face: 100% Polyester
 Lining: 63% Polyester / 37% S.Café® Recycled Polyester

Beat the elements. This all-weather poncho is warm, fast drying and packs down small, enabling you to take it anywhere. Throw it on to get changed into your wetsuit at the beach or on the boat. Use it to warm up after a session

in the water or to cover up between dives. The waterproof, fleece-lined fabric is lightweight, cosy and manufactured using an environmentally friendly, fluorine-free waterproofing treatment.



XEROTHERM

TECHNICAL HOODIE

FEATURES

- **Outstanding thermal performance fleece**
- **Made from 33% recycled ECONYL® nylon**
- **Lightweight**
- **Extremely fast-wicking**
- **Cosy hand-warmer pockets**
- **Retro styling**
- **Machine washable**
- **Performs when wet**



With a minimalist style and retro feel, the Xerotherm zip-up hoodie not only references our first ever technical product, but provides practical thermal protection before and after the dive.



Men's Xerotherm Hoodie
 S-XXXL 57% Polyester / 33% Recycled ECONYL® Nylon / 10% Elastane

Black: XT250HDM01
 Stone: XT250HDM03
 Rust: XT250HDM04

Women's Xerotherm Hoodie
 XXS - XXL 57% Polyester / 33% Recycled ECONYL® Nylon / 10% Elastane

Black: XT250HDW01
 Stone: XT250HDW03
 Rust: XT250HDW04





LUGGAGE & ACCESSORIES

RUGGED BAGS AND ACCESSORIES
DESIGNED FOR TRAVEL AND ADVENTURE.

EXPEDITION SERIES DUFFLE BAG

FEATURES

- Bright coloured interior to help find items
- Made from heavy-duty mesh PVC
- High quality clasps and buckles
- Double lined, hardwearing base
- Padded rucksack carry straps
- Large luggage label for identification

Inspired by discussions with some of our more intrepid dive team members who reported that looking for a piece of black dive kit inside a black bag is never easy, we developed the fourth element

Expedition Series Duffel Bag as a solution to this problem. It's tough, enduring and a must for any dive trip or adventure. It comes with shaped and padded ruck-sack carry straps and high quality clasps.



NEW!

90L Grey - LGEDBGY90
120L Grey - LGEDBGY120
500D PVC (top) 600D PU Base
Dimensions - 35cm x 35cm x 63cm

60L

Orange - LGEDO060
Blue - LGEDB060
500D PVC (top) 600D PU Base
Dimensions - 35cm x 35cm x 63cm

90L

Orange - LGEDO090
Blue - LGEDB090
500D PVC (top) 600D PU Base
Dimensions - 40cm x 40cm x 70cm

120L

Orange - LGEDO120
Blue - LGEDB120
500D PVC (top) 600D PU Base
Dimensions - 45cm x 45cm x 76cm

EXPEDITION SERIES DRYPACK

FEATURES

- 60 litre volume
- Bright coloured inner
- Heavy-duty mesh PVC
- High quality clasps and buckles
- 2 x waterproof compartments
- Welded seam construction throughout
- Compartments secured with a roll top and adjustable straps
- Hidden fin pocket
- Internal pocket
- Shaped back panel for optimum air flow
- Padded, adjustable waist harness with elastic to stow when not in use
- Adjustable ergonomic padded straps
- Removable sternum strap
- Durable double layer base

The perfect backpack for your adventures. With two waterproof compartments and a generous 60L volume, this pack is designed for divers, freedivers and weekend explorers alike.

The main compartment features a roll top closure to ensure that contents remain dry, with adjustable straps to

modify the size depending on how much gear is inside. The outer waterproof pocket can be used to divide items and is especially useful after you've been in the water to separate wet gear from items that need to stay dry. Between the two compartments is a hidden fin pocket, conveniently sized to accommodate all diving fins and most freediving fins or provide additional gear storage.

Expedition Series DryPack
Blue-LGEDP6001 /
Orange-LGEDP6002
60L
Dimensions (rolled) -
75cm H x 40cm W x 16cm D



ARGO DRY BAG

Grey
LGD04402
44 L
420D PVC

The Argo Dry Bag features high frequency welded, waterproof seams and a zip-less design in a rugged, hardwearing 500D fabric. At 44 litres it is large enough for a drysuit and undersuit, or everything you need for an adventurous weekend away.

Dimensions - 50cm x 60cm x 28cm
Weight - 0.88kg / 1.94 lbs



CHANGING MAT

Black
LGC001
120 x 95 cm
420D PVC

The changing mat is large enough to be a really useful addition to any diver's kit with ample room for changing, but extremely packable. Made using the same hardwearing fabric as the bag, the mat can be rolled up and secured using attached elasticated loops.

Dimensions - 120cm x 95cm
Weight - 0.7kg / 1.54 lbs



FREE
Argo drybag and changing mat with every Argonaut.

DRYPACK

FEATURES

- Welded seams
- Waterproof construction
- Internal pocket
- Comfortable, removable rucksack straps

Black
LGDP50
420D PVC
45L
Dimensions - 78cm x 38cm x 17.5cm
Weight - 0.92kg / 2.02 lbs



DRY-SAC

FEATURES

- Perfect for organising gear
- Range of useful sizes
- 75D PU ripstop nylon
- Waterproof PU coating
- Also used as packaging for J2

05 litre LGLDS05
20 litre LGLDS20



GULPER

FEATURES

- Pro grade stainless steel
- Double wall vacuum insulation
- Keeps hot up to 12 hrs
- Keeps cold up to 24hrs
- BPA free lid
- Leak proof
- Sport twist and sip valve closure system



Gulper Insulated Lid
Black
LID01
fits both Gulpers



Gulper Bottle
Black
GWB07
17oz/500ml

Gulper Bottle
Green
GWB08
32oz/900ml



Ocean Debris Bag
Black
OPDB01
100% Polyester



Dimensions : (Flat) 49 x 32cm / (Rolled) 18 x 7cm

EP.01

THE ULTIMATE ADVENTURER'S BACKPACK



COMING SOON

Waterproof / submersible | YKK Aquaseal® waterproof zips | Pressure tested 600D TPU Shell
Moulded protective base for stability and durability | Self adjusting Apollo pressure relief valve
Integrated, bonded laser cut MOLLE system | Moulded ergonomic back padding with air flow
Quick dry, ergonomic padded shoulder straps | Durable Duraflex clips, sliders and buckles
Waterproof front compartment with protective neoprene phone/passport pocket and key clip



Arctic Hat
 Black
 XTR500H
 M - XL
 80% Polyester/ 17% Nylon/ 3% Elastane
 Lining: 100% Polyester



Isobar Beanie
 Dark grey / black
 ISOBGYBK
 M - L
 43% Wool 40% Polyester 17% Nylon



Xerotherm Beanie Hat
 Black
 XTR2501HBK
 S/M - L/XL
 53% Polyester / 38% Nylon / 9% Elastane



Bucket Hat
 Sand
 HBU02
 One Size
 100% Recycled Polyester



Bucket Hat
 Black
 HBU01
 One Size
 100% Recycled Polyester



OceanPositive Towel
 Blue
 160cm x 86cm
 TBSS001
 100% Organic Cotton



Neck Snug
 Black
 NECKA
 One Size
 91% Polyester / 9% Elastane



Xerotherm Balaclava
 Black
 XT250BAL
 S/M - L/XL
 53% Polyester / 38% Nylon / 9% Elastane



Turtle Tube
 Midnight Pattern TT003, Aqua TT004
 One Size
 78% ECONYL® recycled Nylon and
 22% xtra life™ LYCRA®

Bespoke Branding Service

Our design service offers competitive rates from an award-winning design team with years of experience in the diving industry.

Services range from fully bespoke Lycra® rashguards to staff uniforms with branding options to suit most budgets and imaginations.

If you order products from our bespoke manufacturing, the design services are often included at no charge.

For more information, please email: bespoke@fourthelement.com

Our seasonal collections of t-shirts and sweatshirts are available to buy throughout the year. See our website for the latest designs.



Footwear Size Chart

	XS	S	S	M	M	L	L	XL	XXL	XXL
UK	4	5	6	7	8	9	10	11	12	13
US	5	6	7	8	9	10	11	12	13	14
EU	37	38	39.5	41	42	43	44.5	46	47	48

Women's wetsuit size chart

UNIVERSAL	HEIGHT		CHEST		WAIST		HIPS		
	CM	INCHES	CM	INCHES	CM	INCHES	CM	INCHES	
XXS Short	6S	154-159	60.5-62.5"	72-77	28.5-30.5"	56-61	22-24"	84-89	33-35"
XXS	6	157-162	62-63.5"	72-77	28.5-30.5"	56-61	22-24"	84-89	33-35"
XS Short	8S	157-162	62-63.5"	77-82	30.5-32.5"	61-66	24-26"	89-94	35-37"
XS	8	160-165	63-65"	77-82	30.5-32.5"	61-66	24-26"	89-94	35-37"
S Short	10S	160-165	63-65"	82-87	32.5-34.5"	66-71	26-28"	94-99	37-39"
S	10	163-168	64-66"	82-87	32.5-34.5"	66-71	26-28"	94-99	37-39"
ST	10T	166-171	65-67"	82-87	32.5-34.5"	66-71	26-28"	94-99	37-39"
M Short	12S	163-168	64-66"	87-92	34.5-36.5"	71-76	28-30"	99-104	39-41"
M	12	166-171	65-67"	87-92	34.5-36.5"	71-76	28-30"	99-104	39-41"
MT	12T	169-174	66.5-68.5"	87-92	34.5-36.5"	71-76	28-30"	99-104	39-41"
M/L	12/14	168-173	66-68"	87-92	34.5-36.5"	76-81	30-32"	104-109	41-43"
L Short	14S	166-171	65-67"	92-97	36.5-38.5"	76-81	30-32"	104-109	41-43"
L	14	169-174	66.5-68.5"	92-97	36.5-38.5"	76-81	30-32"	104-109	41-43"
LT	14T	172-177	67.5-69.5"	92-97	36.5-38.5"	76-81	30-32"	104-109	41-43"
XL Short	16S	169-174	66.5-68.5"	97-102	38.5-40.5"	81-86	32-34"	109-114	43-45"
XL	16	172-177	67.5-69.5"	97-102	38.5-40.5"	81-86	32-34"	109-114	43-45"
XXL Short	18S	169-174	66.5-68.5"	102-107	40.5-42.5"	86-91	34-36"	114-119	45-47"
XXL	18	172-177	67.5-69.5"	102-107	40.5-42.5"	86-91	34-36"	114-119	45-47"
XXXL Short	20S	169-174	66.5-68.5"	107-112	42.5-44.5"	91-96	36-38"	119-124	47-49"
XXXL	20	172-177	67.5-69.5"	107-112	42.5-44.5"	91-96	36-38"	119-124	47-49"

Women's clothing size chart

UNIVERSAL SIZES	HEIGHT		CHEST		WAIST		HIPS	
	CM	INCHES	CM	INCHES	CM	INCHES	CM	INCHES
XXS Short	158-166	62-65	68-76	27-30	51-59	20-23	76-84	30-33
XXS	160-168	63-66	68-76	27-30	51-59	20-23	76-84	30-33
XS Short	160-168	63-66	74-82	29-33	57-65	22.5-25.5	82-90	32.5-35.5
XS	163-170	64-67	74-82	29-33	57-65	22.5-25.5	82-90	33-36
S Short	163-170	64-67	80-88	32-35	63-71	25-28	88-96	35-38
S	165-173	65-68	80-88	31.5-34.5	63-71	25-28	88-96	35-38
S Tall	168-175	66-69	86-96	32-35	68-78	27-31	94-102	37-40
M Short	165-173	65-68	86-94	34-37	69-77	27-31	94-102	37-40
M	168-175	66-69	86-94	34-37	69-77	27-31	94-102	37-40
M/L	168-175	66-69	86-94	34-37	75-83	30-33	100-108	40-43
M Tall	170-178	67-70	92-100	36-40	75-83	30-33	100-108	40-43
L Short	168-175	66-69	92-100	36-39.5	75-83	30-33	100-108	40-43
L	170-178	67-70	92-100	36-39.5"	75-83	30-33	100-108	40-43
L Tall	173-180	68-71	98-106	39-42	81-89	23-35	106-114	42-45
XL Short	170-178	67-70	98-106	38.5-41.5	81-89	32-35	106-114	42-45
XL	173-180	68-71	98-106	38.5-41.5	81-89	32-35	106-114	42-45
XXL Short	170-178	67-70	104-112	41-44	87-95	35-38	112-120	44-47
XXL	173-180	68-71	104-112	41-44"	87-95	35-38	112-120	44-47
XXXL Short	170-178	67-70	110-118	43.5-46.5	93-101	37-40	118-126	47-50
XXXL	173-180	68-71	110-118	43.5-46.5	93-101	37-40	118-126	47-50

Women's Argonaut drysuit size Chart

Suit Size	Height		Chest		Waist		Hip		Arm length		Inside leg	
Universal Sizes	CM	INCH	CM	INCH	CM	INCH	CM	INCH	CM	INCH	CM	INCH
XS	154-160	61-63	74-82	29-32	58-64	23-26	82-90	32-35	54.5-58.5	21.5-23	71-75	28-29.5
XS Tall	160 - 166	63-65	74-82	29-32	58-64	23-26	82-90	32-35	56.5-60.5	22-24	74-78	29-31
S Short	154-160	61-63	82-90	32-35	66-74	26-29	90-98	35-39	54.5-58.5	21.5-23	71-75	28-29.5
S	159-165	63-65	82-90	32-35	66-74	26-29	90-98	35-39	56.5-60.5	22-24	74-78	29-31
S Tall	164-170	65-67	82-90	32-35	66-74	26-29	90-98	35-39	58.5-62.5	23-25	77-81	30-32
M Short	159-165	63-65	90-98	35-39	74-82	29-32	98-106	39-42	56.5-60.5	22-24	74-78	29-31
M	164-170	65-67	90-98	35-39	74-82	29-32	98-106	39-42	58.5-62.5	23-25	77-81	30-32
M Tall	169-175	67-69	90-98	35-39	74-82	29-32	98-106	39-42	60.5-64.5	24-25.5	80-84	31.5-33
L Short	164-170	65-67	98-106	39-42	82-90	32-35	106-114	42-45	58.5-62.5	23-25	77-81	30-32
L	169-175	67-69	98-106	39-42	82-90	32-35	106-114	42-45	60.5-64.5	24-25.5	80-84	31.5-33
L Tall	174-180	69-71	98-106	39-42	82-90	32-35	106-114	42-45	62.5-66.5	24.5-26	83-87	32.5-34
XL Short	168 - 174	67-69	106-114	42-45	90-98	35-39	114-122	45-48	60.5-64.5	24-25.5	80-84	31.5-33
XL	174-180	69-71	106-114	42-45	90-98	35-39	114-122	45-48	62.5-66.5	24.5-26	83-87	32.5-34
XL Tall	179-185	70-73	106-114	42-45	90-98	35-39	114-122	45-48	64.5-68.6	25-27	87-91	34-36
XXL Short	174-180	69-71	114-122	45-48	98-106	39-42	122-130	48-51	62.5-66.5	24.5-26	83-87	32.5-34
XXL	179-185	70-73	114-122	45-48	98-106	39-42	122-130	48-51	64.5-68.5	25-27	87-91	34-36
XXL Tall	184-190	72-74	114-122	45-48	98-106	39-42	122-130	48-51	66.6-70.5	26-28	89-93	35-36.5

Men's wetsuit size chart

SIZES	HEIGHT		REVISED CHEST		REVISED WAIST		INSIDE LEG*	
	CM	INCHES	CM	INCHES	CM	INCHES	CM	INCHES
XS Short	160 - 166	63 - 65.5"	88- 93	34.5 - 36.5"	73 - 78	28.5 - 30.5	73-76	28.5-30"
XS	165 - 171	65 - 67.5"	88- 93	34.5 - 36.5"	73 - 78	28.5 - 30.5	76-79	30- 31"
S Short	165 - 171	65 - 67.5"	93- 98	36.5 - 38.5"	78 - 83	30.5 - 32.5"	76-79	30- 31"
S	170 - 176	67 - 69.5"	93- 98	36.5 - 38.5"	78 - 83	30.5 - 32.5"	79-82	31- 32.5"
S Tall	175 - 181	69 - 71.5"	93- 98	36.5 - 38.5"	78 - 83	30.5 - 32.5"	82-85	32.5- 33.5"
M Short	170 - 176	67 - 69.5"	98- 103	38.5 - 40.5"	83 - 88	32.5 - 34.5"	79-82	31- 32.5"
M	175 - 181	69 - 71.5"	98- 103	38.5 - 40.5"	83 - 88	32.5 - 34.5"	82-85	32.5- 33.5"
M Tall	180 - 186	71 - 73.5"	98- 103	38.5 - 40.5"	83 - 88	32.5 - 34.5"	85-88	33.5- 34.5"
L Short	175 - 181	69 - 71.5"	103- 108	40.5 - 42.5"	88 - 93	34.5 - 36.5"	82-85	32.5- 33.5"
L	180 - 186	71 - 73.5"	103- 108	40.5 - 42.5"	88 - 93	34.5 - 36.5"	85-88	33.5- 34.5"
L Tall	185 - 191	73 - 75.5"	103- 108	40.5 - 42.5"	88 - 93	34.5 - 36.5"	88-91	34.5- 36"
XL Short	180 - 186	71 - 73.5"	108- 113	42.5 - 44.5"	93 - 98	36.5 - 38.5"	85-88	33.5- 34.5"
XL	185 - 191	73 - 75.5"	108- 113	42.5 - 44.5"	93 - 98	36.5 - 38.5"	88-91	34.5- 36"
XL Tall	190 - 196	75 - 77.5"	108- 113	42.5 - 44.5"	93 - 98	36.5 - 38.5"	91-94	36 - 37"
XXL Short	185 - 191	73 - 75.5"	113- 118	44.5 - 46.5"	98 - 103	38.5 - 40.5"	91-94	36 - 37"
XXL	190 - 196	75 - 77.5"	113- 118	44.5 - 46.5"	98 - 103	38.5 - 40.5"	91-94	36 - 37"
XXXL	195 - 201	77 - 79.5"	118- 123	46.5 - 48.5"	103 - 108	40.5 - 42.5"	94-97	37- 38"

Men's Argonaut drysuit size chart

SIZES	HEIGHT		CHEST		WAIST		HIP		ARM LENGTH		INSIDE LEG*	
	CM	INCHES	CM	INCHES	CM	INCHES	CM	INCHES	CM	INCHES	CM	INCHES
S Short	168-173	66-68	85-95	33-37	68-78	27-31	80-90	31-35	55-60	21.5-23.5	75.5-79.5	28-31.5
S	173-178	68-70	85-95	33-37	68-78	27-31	80-90	31-35	57.5-62.5	22.5-24.5	78-82	30.5-32
S Tall	178-183	70-72	85-95	33-37	68-78	27-31	80-90	31-35	60-65	23.5-25.5	80.5-84.5	31.5-33.5
M Short	173-178	68-72	95-105	37-41	78-88	31-35	90-100	35-39	57.5-62.5	22.5-24.5	78-82	30.5-32
M	178-183	70-72	95-105	37-41	78-88	31-35	90-100	35-39	60-65	23.5-25.5	80.5-84.5	31.5-33.5
M Tall	183-188	72-74	95-105	37-41	78-88	31-35	90-100	35-39	62.5-67.5	24.5-26.5	83-87	32.5-34
L Short	178-183	70-72	105-115	41-45	88-98	35-39	100-110	39-43	60-65	23.5-25.5	80.5-84.5	31.5-33.5
L	183-188	72-74	105-115	41-45	88-98	35-39	100-110	39-43	62.5-67.5	24.5-26.5	83-87	32.5-34
L Tall	188-193	74-76	105-115	41-45	88-98	35-39	100-110	39-43	65-70	25.5-27.5	84.5-89.5	33.5-35
XL Extra Short	178-183	70-72	115-125	45-49	98-108	39-43	110-120	43-47	60-65	23.5-25.5	80.5-84.5	31.5-33.5
XL Short	183-188	72-74	115-125	45-49	98-108	39-43	110-120	43-47	62.5-67.5	24.5-26.5	83-87	32.5-34
XL	188-193	74-76	115-125	45-49	98-108	39-43	110-120	43-47	65-70	25.5-27.5	84.5-89.5	33.5-35
XL Tall	193-198	76-78	115-125	45-49	98-108	39-43	110-120	43-47	67.5-72.5	26.5-28.5	88-92	34.5-36
XXL Extra Short	183-188	72-74	125-135	49-53	108-118	43-46	120-130	47-51	62.5-67.5	24.5-26.5	83-87	32.5-34
XXL Short	188-193	74-76	125-135	49-53	108-118	43-46	120-130	47-51	65-70	25.5-27.5	84.5-89.5	33.5-35
XXL	193-198	76-78	125-135	49-53	108-118	43-46	120-130	47-51	67.5-72.5	26.5-28.5	88-92	34.5-36
XXXL Extra Short	188-193	74-76	135-141	53-57	118-128	46-50	130-140	51-55	65-70	25.5-27.5	84.5-89.5	33.5-35
XXXL Short	193-198	76-78	135-141	53-57	118-128	46-50	130-140	51-55	67.5-72.5	26.5-28.5	88-92	34.5-36
XXXL	198-203	78-80	135-141	53-57	118-128	46-50	130-140	51-55	70-75	27.5-29.5	90.5-94.5	35.5-37

Men's clothing size chart

SIZES	HEIGHT		CHEST		WAIST		INSIDE LEG*	
	CM	INCHES	CM	INCHES	CM	INCHES	CM	INCHES
XS Short	161-169	5'3"-5'6"	76-86	30-34"	58-68	23-27"	73-77	28.5-30.5"
XS	165-172.5	5'5"-5'8"	76-86	30-34"	58-68	23-27"	76-80	30-31.5"
S Short	165-172.5	5'5"-5'8"	86-96	34-38"	68-78	27-30.5"	76-80	30-31.5"
S	170-178	5'7"-5'10"	86-96	34-38"	68-78	27-30.5"	79-83	31-32.5"
S Tall	175.5-183	5'9"-6'0"	86-96	34-38"	68-78	27-30.5"	82-86	32.5-34"
M Short	170-178	5'7"-5'10"	96-106	38-41.5"	78-88	30.5-34.5"	79-83	31-32.5"
M	175.5-183	5'9"-6'0"	96-106	38-41.5"	78-88	30.5-34.5"	82-86	32.5-34"
M Tall	180.5-188	5'11"-6'2"	96-106	38-41.5"	78-88	30.5-34.5"	85-89	33.5-35"
L Short	175.5-183	5'9"-6'0"	106-116	41.5-45.5"	88-98	34.5-38.5"	82-86	32.5-34"
L	180.5-188	5'11"-6'2"	106-116	41.5-45.5"	88-98	34.5-38.5"	85-89	33.5-35"
L Tall	185.5-193	6'1"-6'4"	106-116	41.5-45.5"	88-98	34.5-38.5"	88-92	34.5-36"
XL Short	180.5-188	5'11"-6'2"	116-126	45.5-49.5"	98-108	38.5-42.5"	85-89	33.5-35"
XL	185.5-193	6'1"-6'4"	116-126	45.5-49.5"	98-108	38.5-42.5"	88-92	34.5-36"
XL Tall	190.5-198	6'3"-6'6"	116-126	45.5-49.5"	98-108	38.5-42.5"	91-95	36-37.5"
XXL Short	185.5-193	6'1"-6'4"	126-136	49.5-53.5"	108-118	42.5-46.5"	88-92	34.5-36"
XXL	190.5-198	6'3"-6'6"	126-136	49.5-53.5"	108-118	42.5-46.5"	91-95	36-37.5"
XXXL Short	190.5-198	6'3"-6'6"	136-146	53.5-57.5"	118-128	46.5-50.5"	91-95	36-37.5"
XXXL	195.5-203	6'5"-6'8"	136-146	53.5-57.5"	118-128	46.5-50.5"	94-98	37-38.5"



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