



fourth element



DEALER HANDBOOK **2024**



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We are fourth element.

Fourth Element is the world's leading sustainable dive brand. We worked tirelessly to create products that deliver great diving performance with minimal impact on the environment and we never compromise on quality, durability or performance.

As world leaders in thermal protection, we continue to keep people warm; from the depths of the Antarctic Ocean, to the top of Mount Everest.

Our product development continues to challenge the way things have always been done. We're driven by a mission to make change to performance and environmental impact in this industry that is so intrinsically connected to the ocean.



Argonaut 3.0

Pages 8 & 9



Arctic

Page 13



Seeker

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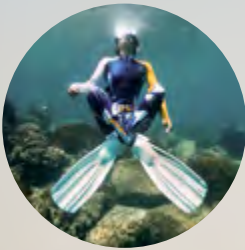


Tech fins

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WE ARE Ocean Positive

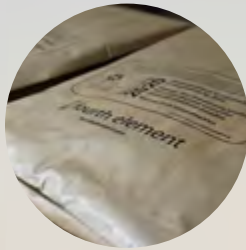
Being OceanPositive whilst producing high performance equipment is at the heart of everything we do as a business, and we thank you for being on this journey with us. Being 'OceanPositive' is not just about what we do in the ocean but also what we do in our everyday lives.



PRODUCTS

Our product development is driven by a mission to make high performance products that have minimal impact on the environment.

From using reclaimed ghost fishing nets in our swimwear to bringing the first recycled dive fin to the scuba market, the question is ALWAYS how, not if, it's possible to do things better.



PACKAGING

All our products are packaged using either paper, cardboard, cassava starch or Hydropol™; a biodegradable, non toxic and water-soluble material. By removing single-use plastic packaging we are striving to do our part to help reduce the pollution of our water ways and oceans.



OUR PEOPLE

Our global team and network of team divers and ambassadors includes some of the best custodians the ocean has ever seen. From running coral reef restoration projects to ghost fishing net removal, they play a vital part in the conservation of our oceans.



PRACTISES

From using solar energy to power our HQ to working with our local zero waste refilling service for office essentials, we realise it's the little things we do everyday that make a big impact over time. We now recycle 99% of our warehouse and office waste with only 1% going to landfill.

It's our mission to be as transparent as possible during our journey to become a more sustainable business. We've laid out the eco credentials of each product using these symbols.



Visit **FOURTHELEMENT.COM/OCEANPOSITIVE** to find out more.

OEKO-TEX®
CONFIDENCE IN TEXTILES

REPREVE

ECONYL
ENDLESS POSSIBILITIES



YULEX | Pure



aronaut 3.0

EVOLUTION BECOMES REVOLUTION.

*Enhanced design, greater flexibility and more
ways to design your own personal drysuit.*

EVOLUTION BECOMES REVOLUTION.

Enhanced design, greater flexibility and more ways to design your own personal drysuit.

Engineered to move with you, the new Argonaut 3.0 design allows perfect fit and freedom of movement when diving in trim.

AFT (Articulated For Trim). Optimised for diving in horizontal trim, the unique leg design of Argonaut 3.0 is designed for optimal comfort in the water, allowing

unrestricted freedom of movement across the knees and thighs for complete comfort during your dive.

The redesigned telescopic torso fits more closely to the body for a more streamlined silhouette and the new warm neck collar allows hood skirts to be tucked away swiftly and securely.

With a composite dry zipper running from the right shoulder to the left hip, flexibility and fit are improved, as is gas

management when dumping air from the left shoulder.

Argonaut 3.0 can be specified with glued-in latex or neoprene wrist seals, the Ellipse wrist system, Si-Tech, QCP Ultima, or the new intuitive PSI system.

Designed for fourth element's award winning BIOMAP measuring system, this is a truly bespoke drysuit, made for adventure.



NECK SEAL OPTIONS

- Glued-in HD latex or neoprene
- User-replaceable silicone (Si-Tech)

WARM NECK COLLAR

- Redesigned to allow easier fitting of hoods and greater flexibility

VALVE OPTIONS

- Apollo Bio-Valve, Si-Tech and Apeks available

ZIPPER

- YKK Aquaseal zipper with protective outer

TORSO DESIGN

- Cross-chest entry, maximising flexibility and ease of donning and doffing
- Zipper runs from right shoulder to left hip allowing better gas management and greater comfort
- Re-designed telescopic torso allows

maximum range of movement with increased flexibility

- Telescopic torso design allows maximum range of movement
- Internal adjustable braces
- Elasticated adjustable crotch strap with locking clasp

WRIST SEAL OPTIONS

- Glued-in HD latex, or neoprene
- User-replaceable silicone seals with Ellipse or Ultima system, PSI system or Si-Tech QCP (recommended for larger hands only)

LEG DESIGN

- AFT (Articulated For Trim) design, pre-bent legs and knees provide total comfort in trim
- Two large thigh pockets as standard with wetnotes sleeves, bungee loops and stainless steel D-ring

REINFORCEMENTS

- Duratex panels reinforce key wear areas including shoulders, elbows, knees and seat
- Flat seams are taped inside and out for strength and reliability
- Duratex taping is used to protect the outer seams from abrasion
- High-performance PU inner tape is glued and heat sealed to create 100% waterproof seams

BOOTS

- Choice of dryboots or neoprene socks
- Reinforced at heel and toes for maximum strength and dexterity (boots only)
- Includes ergonomic footbed to maximise comfort (boots only)
- Retaining ankle straps and adjustable hook and loop fastening (boots only)



AFT
ARTICULATED
FOR TRIM

**NEW LEG DESIGN ALLOWS PERFECT
FIT AND FREEDOM OF MOVEMENT
WHEN DIVING IN TRIM.**



The Apollo bio-valve chest inflate valve is operated with a gentle squeeze of the inflate lever which is easily located and deployed, even in thick gloves, whilst also not needing to be pressed onto the chest. A "non-return" piston also ensures that the valve remains dry if you forget to attach your drysuit feed hose or your suit inflation gas runs out.



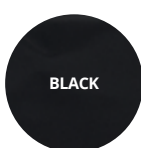
The new Apollo bio-valve exhaust is easily operated with a simple movement and adjusted with an intuitive lever on the side. It is also, with care, easily maintained in the field.



BRIGHT
BLUE



DEEP
BLUE



BLACK



ANTHRACITE
GREY

The introduction of 2 new blue colours (available in Stealth fabric only) gives many more options to create a personal suit, along with the options to specify new bio-valves and wrist seal systems.

BIOMAP

The Argonaut 3.0 is designed for the BIOMAP measurement system and our online ordering platform. Visit argonaut.fourthelement.com for more details.

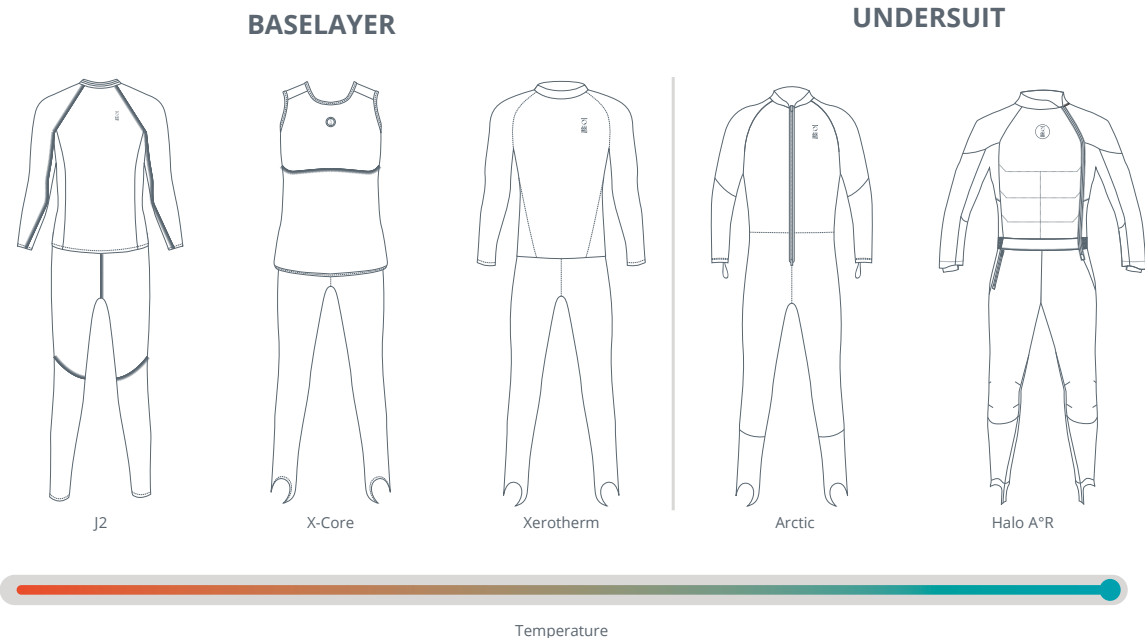
If you would like to become an Argonaut dealer, please contact your account manager or sales representative at fourth element.



DRYSUIT UNDERWEAR

*Low-bulk, high performance
undersuits and baselayers,
developed for the most
extreme conditions on the planet.*

SELECTING THE RIGHT THERMAL PROTECTION UNDER YOUR DRYSUIT



STAYING WARM

Choosing the right undergarment or combination of undergarments is critical to a comfortable dive. Balancing the need to stay warm with the desire to minimise bulk and buoyancy can be a fine art, and any strategy needs to start with the drysuit.

A neoprene drysuit offers thermal protection thanks to the material of the suit itself, and as a result, divers need less additional insulation. A membrane or trilaminate suit offers little in the way of warmth and divers tend to require more thermal protection from their undergarments.

NEOPRENE SUIT

Choose the undersuit

This will depend on the thickness of the neoprene in the suit. For 4mm neoprene and thicker, we recommend starting with the Xerotherm. The Arctic undersuit is the best starting point for most diving conditions if you are using a thinner neoprene suit.

Add a baselayer

The J2 baselayer was designed for lightweight moisture management, maintaining a layer of air next to the skin. It helps maximise comfort on long dives and multiple-dive trips.

Enhance for extreme exposure

In really cold temperatures, it may be necessary to add the X-Core vest under the undersuit to give maximum protection to the body core.

TRILAMINATE SUIT

Choose the undersuit

Halo A°R is the best choice for cold water divers, with body mapped insulation optimised for maximum efficiency. ARGON extreme insulation material, developed for the space exploration programme, provides outstanding thermal protection for key exposure areas when in trim; the suit is lower in bulk and buoyancy thanks to the efficiency of this material. The Arctic is a great solution for those diving in warmer waters for longer durations. Alternatively, it can be used for those who plan to dive in many different conditions and want to adopt a layering system to tailor their protection to maximise comfort on all of their dives.

Add a baselayer

Add a baselayer such as the J2 to improve thermal protection for longer or colder dives. Add a baselayer such as the Xerotherm to improve thermal protection for longer or colder dives. The Xerotherm can also be used on its own in warmer conditions too.

Enhance for extreme exposure

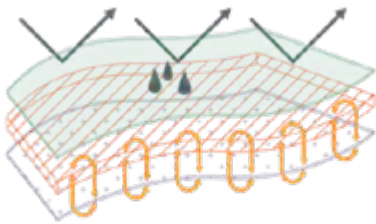
In really cold temperatures or for extended decompression dives, add the X-Core vest between your baselayer and undersuit to give maximum protection to the body core.

HALO A°R

INNER SPACE TECHNOLOGY

FEATURES

- A°RGON™ - extreme performance thermal insulation
- Body mapped thermal protection
- High performance low bulk
- Optimised for horizontal trim
- P-valve ready
- Exceptional warmth
- Waterproof outer layer
- All-way stretch fabric for snug fit
- Perfect over a J2 baselayer
- Machine washable



Incorporating highly advanced thermal technology and one of the most insulating materials ever developed, the HALO A°R's performance exceeds expectations of any diving undersuit.

Using technology originally created for space exploration and cryogenics, the HALO A°R features the extreme insulation material A°RGON™ aerogel in a compression resistant matrix.

WHAT IS A°RGON™ ?

A form of Aerogel developed for insulation in spacecrafts and cryogenics due to its superior insulation properties. Traditionally this material is created by removing the liquid from a gel and replacing it with air, which creates a light-weight, hollow and flexible structure. A°RGON™ is a foam embedded version of this which allows it to function in a diving context.

With phenomenal insulation properties, this material enables the HALO A°R to achieve extreme thermal protection from a thinner, less buoyant diving undersuit.

The offset chest zip and baffles ensure that heat lost from the torso is minimised when in horizontal trim. All the body from shoulders to knees is protected by a layer of A°RGON™, while other critical areas also benefit from this enhanced insulation without compromising mobility or creating bulk.

Building on fourth element's experience in thermal protection and bodymapping, the HALO A°R was assessed with thermal imaging cameras to improve and modify prototypes.

**"COMING OUT OF 2° WATER INTO AIR TEMPS OF -25°
WE ARE FROZEN IN OUR SUITS ALMOST INSTANTLY.
MY NEW HALO A°R WITH MY X-CORE WAS SO TOASTY!"**

- Jill Heinerth

Men's Halo AR

Black
HAM01
XS-XXXL | Short: S-XXXL | Tall: M-XL
Outer: 44% Nylon / 50% Polyester / 6% Elastane
Inner: 95% Polyester (74% recycled) / 5% Elastane / A°RGON™ Insulation

Women's Halo AR

Black
HAW01
XXS to XXXL | short: XXS-XXXL
Outer: 44% Nylon / 50% Polyester / 6% Elastane
Inner: 95% Polyester (74% recycled) / 5% Elastane / A°RGON™ Insulation



Halo AR Gloves

Black
HARG01
XS - XXL
Outer: 44% Nylon / 50% Polyester / 6% Elastane
Inner: 95% Polyester (74% recycled) / 5% Elastane / A°RGON™ Insulation



Incorporating highly advanced thermal technology and one of the most insulating materials ever developed, the HALO A°R glove's performance exceeds expectations of any diving glove liner.

With phenomenal insulation properties, this material enables the HALO A°R gloves to achieve extreme thermal protection from a thinner, less buoyant diving glove. With a wind and water-repellent stretch outer layer, this is a glove which can be worn in total comfort, all day.

ARCTIC HIGH PERFORMANCE UNDERSUIT

Updated
design

FEATURES

- Suited for use under membrane or trilaminate drysuits
- Fast-wicking and high insulation
- Performs whilst wet
- High density inner fleece
- Water-repellent outer layer
- Updated fit for flexibility in movement and donning
- Outer: 80% Recycled polyester, 17% nylon, 3% elastane.
- Inner: 100% recycled polyester



Redesigned for 2024, the Arctic's two layers of high insulation, low bulk fabric ensure exceptional levels of thermal protection.

Now with 80% recycled polyester in the outer and 100% recycled polyester in the internal layer, the Arctic undersuit system also becomes part of our mission to become OceanPositive.

Constructed with comfort and utility in mind, the minimalist design provides outstanding performance under drysuits. In a layering system, the Arctic is suited for use underneath neoprene, membrane and trilaminate suits. Using a

unique combination of fast wicking, high insulation fabrics, the Arctic creates a micro-climate around the diver, keeping the body dry and warm. A high density inner fleece provides superior insulation, with maximum comfort and wicking, whilst the outer layer, which has a water-repellent finish, ensures a snug fit.

The Arctic requires less loft to perform due to more effective management of air which is held in the fibres of the suit. Instead of maximising the thickness of the layer of air near the skin, the Arctic minimises the movement of air within, reducing the rate of cooling without any risk of trapping the air and preventing its release from the dump valve.

The 2024 redesign is more than just producing a more OceanPositive product. It builds on more than 20 years experience in developing thermal garments and the feedback from some of the many thousands of users of the original Arctic in the field. The Arctic top now features a full length zip allowing easier donning and greater adjustability during the surface interval, and the dropped height of the neck line ensures that there is not too much bulk around the neck. The addition of pockets and pre-drilled p-valve routing complement the modifications to the pattern to improve fit and therefore the overall thermal performance.

Backed by years of field testing by the Norwegian Navy, the British Antarctic Survey Dive Team, the French Marines and the Danish Navy, the Arctic was designed using high technology fabrics and has been tested in real diving conditions from the Arctic to the Antarctic.



Mens Arctic One Piece

Black
XTR5001P
XS - XXXL | Short: M - XXL

Womens Arctic One Piece

Black
XTR5001PW
XXS - XXXL | Short: XXS - XXXL

Men's Arctic Top

Black
XTR500T
S - XXXL

Men's Arctic Leggings

Black
XTR500L
S - XXXL | Short: S - XXL

Women's Arctic Top

Black
LXTR500T
XXS - XXXL

Women's Arctic Leggings

Black
LXTR500L
XXS - XXXL | Short: XXS - XXXL



ARCTIC HIGH PERFORMANCE UNDERSUIT

Updated
design



Arctic Hat
Black
XTR500H
M - XL



Arctic Socks
Black
XTR500S
XS - XXL

Low bulk thermal protection to the extremities. The two layer construction is warm and comfortable, and the inner liner can be pulled out from the outer liner to speed drying times.

X-CORE NO BATTERIES, NO WIRES. JUST YOU

FEATURES

- OceanPositive garment made from 76% recycled polyester
- Odour resistant, fast-wicking fabric
- Wear next to skin or over a baselayer for a drier and warmer dive
- Minimises impact on buoyancy and bulk
- Machine washable, four-way stretch fabric

X-Core provides extreme thermal protection to the core, enabling longer, more comfortable dives.

Designed to be worn under an Arctic, Halo A°R or any other drysuit undergarment, X-Core augments thermal protection to the extent that electric heating can be avoided in many instances.



Men's X-Core Vest

Black
XCMV01
XS - XXXL
76% recycled polyester /
16% Polyester / 8% Elastane

Women's X-Core Vest

Black
XCWV01
XXS - XXXL
76% recycled polyester /
16% Polyester / 8% Elastane



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XEROTHERM

THE ULTIMATE THERMAL BASELAYER

FEATURES

- Outstanding thermal performance
- Lightweight and hard wearing
- Low bulk and buoyancy
- Extremely fast-wicking
- Machine washable
- Performs when wet



The ultimate baselayer for use under a drysuit. Made using Polartec® Powerstretch® originally developed for NASA, the Xerotherm traps a layer of air - a much better insulator than water - next to the skin, keeping the wearer drier and more comfortable. The range is designed to be worn under another

undersuit or on its own under a neoprene drysuit.

The knit of the Xerotherm fabric produces the fastest wicking effect of any of the products in the fourth element product range.

Men's Xerotherm LS Top

Black
XT2501MT
S - XXXL
53% Polyester / 38% Nylon / 9% Elastane

Men's Xerotherm Leggings

Black
XT2501ML
S - XXXL
53% Polyester / 38% Nylon / 9% Elastane

Women's Xerotherm LS Top

Black
XT2501WT
XXS - XXXL
53% Polyester / 38% Nylon / 9% Elastane

Women's Xerotherm Leggings

Black
XT2501WL
XXS - XXXL
53% Polyester / 38% Nylon / 9% Elastane



Men's Xerotherm Vest

Black
XT2501MV
S - XXXL
53% Polyester / 38% Nylon / 9% Elastane

Women's Xerotherm Vest

Black
XT2501WV
XXS - XXXL
53% Polyester / 38% Nylon / 9% Elastane

Xerotherm Beanie Hat

Black
XT2501H
S/M - L/XL
53% Polyester / 38% Nylon / 9% Elastane



XEROTHERM

THE ULTIMATE THERMAL BASELAYER



Xerotherm Socks

Black
XT2501S
XS - XXL
53% Polyester / 38% Nylon / 9% Elastane

Thin enough to be worn under other drysuit socks yet capable enough as thermal protection in their own right.



Xerotherm Wrist Warmers

Black
XT250W
XS - XL
53% Polyester / 38% Nylon / 9% Elastane

For use with dry gloves, bridging the gap between a diver's undersuit and dry glove liner.



Xerotherm Gloves

Black
XT250G
XS - XXL
84% Polyester / 16% Elastane

Excellent thermal protection as dry glove liners with maximum dexterity.

J2

EXTENDED BASELAYER PERFORMANCE

FEATURES

- Developed for the J2 caving expedition
- Tested for 19 days, 24hrs a day
- Anti-microbial silver ion technology
- Lightweight and compact
- Fast-wicking
- Perfect for extended drysuit diving



With excellent anti-microbial performance through silver ion technology, and outstanding wicking from a unique fabric, the J2 baselayer is designed for extended use under a drysuit.

Keeping the skin dry can be critical to success, whether it is staying warm, or preventing infections. The J2 baselayer

was designed to wick perspiration away from the skin.

The silver ions prevent the formation of bacterial cell membranes, preventing most bacteria from growing in the fibres of the garment, while not adversely affecting the naturally occurring bacteria on the skin itself.

Men's J2 Top

Grey/Black
J2MTB
XS-XXXL
91% Polyester/ 9% Elastane

Men's J2 Leggings

Grey
J2MLB
XS - XXXL
90% Polyester/ 10% Elastane

Women's J2 Top

Black/Grey
J2WTB
XXS - XXXL
91% Polyester/ 9% Elastane

Women's J2 Leggings

Black
J2WLB
XXS - XXXL
96% Polyester/ 4% Elastane



Every set (top and leggings) comes packaged in a lightweight 5 litre Dry-Sac, ideal for keeping garments dry amongst wet gear.

WETSUITS

From Proteus II - the warmest 5mm wetsuit on the market to Thermocline and Surface made from recycled and sustainable materials, our wetsuits are all about innovation and performance.



PROTEUS II

ADVANCED WETSUIT TECHNOLOGY

FEATURES

- Improved fit and thermal performance
- Limestone neoprene made using recycled rubber
- Chemical-free glue
- Hexcore thermal lining on torso
- Thermoflex thermal lining throughout rest of suit
- Taped, waterproof seams
- Hydrolock neck seal system
- Internal PU ankle seals
- Glideskin wrist seals
- Ultra stretch knee pads

The Proteus II is arguably the highest performing wetsuit on the market. Available in 3mm and 5mm, the Proteus II is often the benchmark to which other suits are compared in terms of warmth.

By combining the Hydrolock™ inner neck seal and Glideskin wrist seals, water ingress is minimised. Additional Hexcore linings on the body core provide enhanced thermal performance where it is most needed for prolonged water exposure.

The 3mm suit is probably the only 3mm in the world to feature such advanced features, allowing it to perform more like other 5mm suits with greater flexibility, and less buoyancy.

We recommend the 5mm suit for prolonged dives in temperatures of 19C and warmer. To get more out of any wetsuit in colder waters, combine it with a Thermocline vest and shorts underneath and use a 3 or 5mm hood.



Men's Proteus II 5mm

Black
IIPROT5
XS - XXXL | Short: XS - XXL | Tall: S - L
90% Neoprene / 10% Nylon

Women's Proteus II 5mm

Black
IILPROT5
XXS - XXL | Short XS - XXXL | Tall: S - L | M/L
90% Neoprene / 10% Nylon



PROTEUS II

ADVANCED WETSUIT TECHNOLOGY

Men's Proteus II 3mm

Black
IIPROT3
XS - XXXL | Short: XS - XXL | Tall: S - L
90% Neoprene / 10% Nylon

Women's Proteus II 3mm

Black
IILPROT3
XXS - XXL | Short XS - XXXL | Tall: S - L | M/L
90% Neoprene / 10% Nylon



XENOS

FAST TRANSITION WETSUIT

FEATURES

- Stretch neoprene for optimum fit
- Designed for rapid donning and doffing
- Watertight glued and blind stitched seams
- Thermal lining
- Wrist seals to minimise water ingress
- Flattering lines
- Internal PU seals at ankle
- Cutaway ankle for easy donning



Men's Xenos 7mm

Black/Grey
XMF7BG
XS-XXXL | Short: S-XXL | Tall: S-L
90% Neoprene / 10% Nylon

Women's Xenos 7mm

Black/Grey
XWF7BG
XXS - XXL | Short XS - XXXL | Tall: S - L | M/L
90% Neoprene / 10% Nylon



The design criteria were to make the Xenos as easy as possible to get on and off. This is achieved by cut away ankles (inspired by the fast transition features of triathlon suits) and smooth linings in the arms and legs.

Comfortable stretch neoprene throughout ensures that the suit fits well, hugging the body and minimising water flushing through the suit. Double glued and blind stitched seams combine with internal ankle seals and wrist seals to minimise water ingress.



XENOS

FAST TRANSITION WETSUIT

Men's Xenos 5mm

Black/Grey
XMF5BG
XS - XXXL | Short: S - XXL | Tall: S - L
90% Neoprene / 10% Nylon

Women's Xenos 5mm

Black/Grey
XWF5BG
XXS - XXL | Short XS - XXXL | Tall: S - L | M/L
90% Neoprene / 10% Nylon



Mens Xenos 3mm

Black/Grey
XMF3BG
XS - XXXL | Short: S - XXL | Tall: S - L
90% Neoprene / 10% Nylon

Women's Xenos 3mm

Black/Fuchsia
XWF3BF
XXS - XXL | Short XS - XXXL | Tall: S - L | M/L
90% Neoprene / 10% Nylon



XENOS

FAST TRANSITION WETSUIT

Men's Xenos Shorty 3mm

Black/Grey
XMS3BGL
XS-XXXL
90% Neoprene / 10% Nylon

Women's Xenos Shorty 3mm

Black/Grey
XWS3BF
XXS - XXL | M/L
90% Neoprene / 10% Nylon



Designed for rapid
donning & doffing

Smooth skin
neck seal

Glideskin wrist
seals to minimise
water ingress

Watertight glued &
blind stitched seams

Cutaway ankle
for easy donning

Internal PU
seals at ankle



RF 1

BE IN THE MOMENT

FEATURES

- Freedive specific suit
- Chemical-free glue
- Dope-dyed yarn
- 3/2mm thickness for comfort
- Designed for simple donning & doffing
- Smoothskin seals on cuffs and ankles
- Glued and blind stitched throughout
- Shaped low profile back neck closure
- Smoothskin shoulders and side panels



With the optimum combination of Smoothskin and lined neoprene, the RF1 is designed to maximise your freedom in the water, allowing you to focus on your breath, visualise and reach your limit. Easy to don, yet effectively sealed

by smoothskin seals. A 'black-out' zipper and robust inner linings ensure that this suit is more versatile than open cell suits. Smoothskin panels over the shoulders and along the legs give excellent stretch, improving fit and hydrodynamics.

Men's RF1 3/2mm

Black

RF11PM01

XS-XXXL | Short: XS-XXL | Tall: S-L

Dope Dyed Black 90% Neoprene / 10% Nylon

Women's RF1 3/2mm

Black

RF11PW01

XXS - XXL | Short XS - XXXL | Tall: S - L | M/L

Dope Dyed Black 90% Neoprene / 10% Nylon



Men's RF Vest 3mm

Black

RFVM01

XS-XXXL

Dope Dyed Black 90% Neoprene / 10% Nylon



Women's RF Vest 3mm

Black

RFVW01

XXS - XXL

Dope Dyed Black 90% Neoprene / 10% Nylon



RF Socks 3mm

Black

RF503

XS-XXL

Dope Dyed Black 90% Neoprene / 10% Nylon with open cell lining
Toe and Sole : Supratex 92% Recycled Polyester / 8% Spandex

RF2

BE IN THE MOMENT

FEATURES

- Freedive specific suit
- Streamline cut, optimising glide
- Limestone neoprene made using recycled rubber
- Chemical-free glue
- Dope-dyed yarn
- 5mm comfort, flexibility and warmth
- Open cell interior, lined exterior
- Smoothskin outer hood and shoulders for extra hydrodynamics
- Beavertail closure
- Supratex seat panel for extra durability



Designed with the consultation of professional freedivers and instructors, and with the knowledge of freedive suit specialists, this suit brings together fourth element's knowledge of thermal protection with freediving expertise at the top of the sport to create a recreational suit that you won't want to take off. Combining panels lined with nylon for durability with open-cell interior to minimise water ingress and maximise warmth, this 2-piece freediving suit offers cool and cold water freedivers the freedom to explore their limits in comfort.

With hydrodynamic panels of Smoothskin neoprene and lined neoprene, the suit is both comfortable and practical, being more durable than Smoothskin suits, whilst retaining excellent stretch and form-fitting design.

We recommend using an eco-friendly suit lube in order to don this suit without damaging the inner surfaces.

Men's RF2 Jacket 6/5/4mm

Black
RF2JM01
XS-XXXL | Short: M-XL | Tall: M-L
Dope Dyed 90% Neoprene / 10% Nylon

Men's RF2 Leggings 5/4mm

Black
RF2LM01
XS-XXXL | Short: S-XL | Tall: M-XL
Dope Dyed 90% Neoprene / 10% Nylon

Women's RF2 Jacket 6/5/4mm

Black
RF2JW01
XXS - XXL | Short: S-L | Tall: S-L | M/L
Dope Dyed 90% Neoprene / 10% Nylon

Women's RF2 Leggings 5/4mm

Black
RF2LW01
XXS - XXL | Short: S - L | Tall: S-T | M/L
Dope Dyed 90% Neoprene / 10% Nylon



"THE BEST OFF-THE-PEG FREEDIVING SUIT ON THE MARKET"

- Daan Verhoven



SURFACE GROWN-NOT MADE

FEATURES

- For snorkelling, shallow freediving and surface watersports
- Yulex Pure™ natural neoprene made from sustainable latex
- Water-based glue
- 95% lined with recycled polyester
- Minimalist branding with water-based inks
- Inner ankle and wrist seals
- Simple, minimalist design maximises flexibility



Designed for freediving, snorkelling and surface watersports, this is the first diving wetsuit to be made with certified sustainable natural rubber and recycled inner and outer linings, for minimal impact on the ocean.

The minimal design features a mini chest zipper entry, eliminating the need for a back zip, improving mobility and minimizing the opportunity for water to enter the suit through the teeth of the zip. Bonded with water-based glue, delivering comfort from a suit designed to have minimal impact on the ocean.

Men's Surface 4/3mm

Blue
SURFM43BU
XS-XXL | Short: XS-XXL | Tall: S-L
Yulex Pure™ 100% Natural rubber
Lining: 88% Recycled Polyester / 12% Elastane

Women's Surface 4/3mm

Blue
SURFW43BU
XXS-XL | Short: XS-L | Tall: S-L | M/L
Yulex Pure™ 100% Natural rubber
Lining: 88% Recycled Polyester / 12% Elastane

Surface Hood 3mm

Blue
HOSURF03
XS-XXL
Yulex Pure™ 100% Natural rubber
Lining: 88% Recycled Polyester / 12% Elastane



What is Yulex?

YULEX rubber is a natural, sustainable alternative to traditional oil-based neoprene.

YULEX® natural rubber is FSC-certified meaning it's backed by The Forest Stewardship Council.

YULEX® is committed to providing deforestation free, environmentally, and socially responsible natural rubber that still maintains the same high performance of traditional neoprene.



THERMOCLINE

NEXT GENERATION OCEAN WEAR

FEATURES

- Neoprene free
- Outer contains 78% recycled nylon
- Lightweight
- Wind and waterproof fabric
- Breathable
- Neutrally buoyant
- Machine washable on cool
- Equivalent of 2mm neoprene

Perfect for all surface water sports as well as warm water scuba, this is revolutionary thermal protection. Lightweight, neutrally buoyant, machine washable, breathable and hypo-allergenic, the Thermocline full suit combines our experience with high technology fabrics with our passion for life in, on and under the water, to produce a truly versatile lightweight wetsuit system.

The fabric ensures that the wearer is more comfortable when out of the water, during surface sports, or when kitting up for a dive. The inner fleece layer draws moisture away from the skin and wicks through the breathable membrane where it evaporates off the nylon surface.

In the water, the membrane traps a thin layer next to the body and prevents colder water flowing over the body, making it perfect for surfers, freedivers and scuba divers.



Men's Thermocline One Piece

Black
TL2M1P2
S - XXXL | Short: S - L
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane

Women's Thermocline One Piece

Black
TL2W1P2
XXS - XXXL | Short XXS - M
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane



THERMOCLINE

NEXT GENERATION OCEAN WEAR

Men's Thermocline Jacket

Black
TL2MJ2
S-XXXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane



Women's Thermocline Jacket

Black
TL2WJ2
XXS - XXXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane

Men's Thermocline Vest

Black/Grey
TL2MV
S - XXXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane



Women's Thermocline Vest

Black/Grey
TL2WV
XXS - XXXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane

Men's Thermocline Long Sleeved Top

Black/Grey
TL2ML2
S - XXXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane



Women's Thermocline Long Sleeved Top

Black/Grey
TL2WL2
XXS - XXXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane

Women's Thermocline Long Sleeved Swimsuit

Black/Grey
TL2WLSWL2
XXS - XXXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane

Women's Thermocline Crop top

Black/Grey
TL2WCT
XXS - XXXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane



THERMOCLINE

NEXT GENERATION OCEAN WEAR

Men's Thermocline Leggings

Black
TL2MLG
S - XXXL | Short: S - L
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane



Women's Thermocline Leggings

Black
TL2WLG
XXS - XXXL | Short S - XL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane

Men's Thermocline Shorts

Black
TL2MS
S - XXXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane



Women's Thermocline Shorts

Black/Grey
TL2WS
XXS - XXXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane

Thermocline Hood

Black
TL2H01
XS - XXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane



Thermocline Fin Socks

Black
TL2SFS01
XS - XXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane



SOCKS



Hotfoot Pro Drysuit Socks

Black
HFP01
XS - XXL | UK 3/4 - 13/14
33% Econyl® Recycled Nylon / 57% Polyester / 10% Elastane

Waterproof outer with thermal inner lining provides excellent warmth.



Hotfoot Drysuit Socks

Black
HFS090B
XS - XXL | UK 3/4 - 13/14
33% Econyl® Recycled Nylon / 57% Polyester / 10% Elastane

Waterproof outer with thermal inner lining provides excellent warmth.



Xerotherm Socks

Black
XT2501S
XS - XXL
53% Polyester / 38% Nylon / 9% Elastane

Xerotherm baselayer socks for to add additional warmth for your feet or when diving in warmer climates

New!



Arctic Socks

Black
XTR500S
XS - XXL
80% Polyester/ 17% Nylon/ 3% Elastane
Lining: 100% Polyester.

Low bulk thermal protection to the extremities. The two layer construction is warm and comfortable, and the inner liner can be pulled out from the outer liner to speed drying times.



BOOTS



Amphibian Boots

Black
BTA
UK 4 - 13 | US 5 - 14
80% nylon / 20% polypropylene
Comes with ergonomic footbed to customise your fit



Pelagic Boots

Black
BTP
UK 4 - 13 | US 5 - 14
80% nylon / 20% polypropylene
Comes with ergonomic footbed to customise your fit



Rock Hopper 3mm

Black/Grey
BTR
UK 4 - 13 | US 5 - 14
100% natural rubber
Upper: 88% Recycled Polyester / 12% Elastane
Comes with ergonomic footbed to customise your fit

HOODS



Our 3mm, 5mm and 7mm hoods have a simple minimalist design with a smooth Glideskin interior and are produced using stretch neoprene to ensure a comfortable fit. The short collar works for both dry and wet suits, and micro holes in the hood help to vent air with minimal water ingress.



3mm Hood
Black
HOO3
XS - XXL
90% Neoprene / 10% Nylon



5mm Hood
Black
HOO5
XS - XXL
90% Neoprene / 10% Nylon



7mm Hood
Black
HOO7
XS - XXL
90% Neoprene / 10% Nylon



7mm Cold Water Hood
Black
HOOCW7
XS - XXL
90% Neoprene / 10% Nylon



Thermocline Hood
Black
TL2H01
XS - XXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane



Thermocline Hood with Skirt
Black
TL2SH01
XS - XXL
33% Econyl® Recycled Nylon /
57% Polyester / 10% Elastane



Surface Hood 3mm
Blue
HOSURF03
XS-XXL
Yulex Pure™ 100% Natural rubber
Lining: 88% Recycled Polyester / 12% Elastane



Men's Neoprene Hooded Vest
3mm torso/5mm hood
Black
HVM01
XS-XXXL
Dope Dyed Black 90% Neoprene / 10% Nylon



Women's Neoprene Hooded Vest
3mm torso/5mm hood
Black
HVV01
XXS - XXL
Dope Dyed Black 90% Neoprene / 10% Nylon

A simple minimalist design ensures that this vest will fit under an existing wetsuit, offering enhanced protection to the body core. The 3mm neoprene fabric features a smooth outer and thermal inner lining and the hood's Smoothskin seal ensures that water ingress is minimised.

GLOVES



A fourth element staple, redesigned using new materials and construction, the glove range has improved fit, comfort and flexibility. Minimal prints have been used over the backs of the hands where most flex occurs; reducing fatigue in the hands over long dives whilst still maximising the thermal protection.



3mm Neoprene Gloves

Black
GL203
XS - XXL
90% Neoprene / 10% Nylon

Maximise thermal protection and dexterity with outstanding flexibility in this 3mm glove. Fused seams ensure minimal water ingress while the longer length cuff can be trimmed to the preferred length.



5mm Neoprene Gloves

Black
GL205
XS - XXL
90% Neoprene / 10% Nylon

The most popular glove in our range has outstanding fit and excellent flexibility. The Hydrolock wrist seal almost eliminates water ingress, and fused seams ensure excellent thermal performance.



5mm Kevlar Hydrolock Gloves

Black
GL2K05
XS - XXL
90% Neoprene / 10% Nylon

Combining 5mm Kevlar reinforced fabric across the palm, fingertips and thumb with 5mm stretch neoprene across the back of the hands produces a remarkably comfortable glove.



7mm Neoprene Hydrolock Mitt

Black
GL2M07
XS - XXL
90% Neoprene / 10% Nylon

Our warmest wet-glove has been redesigned to enhance fit and increase dexterity, reducing fatigue. With three fingers of each hand in a single compartment, the hands remain warmer as a result, whilst the index finger and thumb are free for manual operations.



Xerothrm Wrist Warmers

Black
XT250W
XS - XL
53% Polyester / 38% Nylon /
9% Elastane

For use with dry gloves, bridging the gap between a diver's undersuit and dry glove liner. Allows air to equalise, preventing squeeze.



Xerothrm Gloves

Black
XT250G
XS - XXL
84% Polyester / 16% Elastane

Excellent thermal protection as dry glove liners without being bulky, allowing for maximum dexterity.



G1 Glove Liners

Grey
GLG1
XS - XXL
90% Neoprene / 10% Nylon

For use under dry gloves or wet mitts. 1.5mm hydrofoam provides the confidence that in the case of a dry glove failure they will retain and provide thermal protection.



Heavy Duty Dry Gloves

Black
DSGUBK
S - XXL
HD Latex

These thicker dry gloves are well-suited for cold or technical dives. Robust texture offering excellent grip and durability.



Halo AR Gloves

Black
HARGL01
XS - XXL
Outer: 44% Nylon / 50% Polyester / 6% Elastane
Inner: 95% Polyester (74% recycled) / 5% Elastane / A°RGON™ Insulation

Incorporating highly advanced thermal technology and one of the most insulating materials ever developed,



TECH SHORTS

FEATURES

- Designed to be worn over a wetsuit
- Easy to don
- Generous, fast draining pockets
- Internal bungee loops in pockets
- Durable recycled supratex lining in crotch and seat
- Wide waistband with hold-fast interior panel
- Low profile buckle, offset for comfort



Technical Shorts

Black

TECHSM01

XS-XXL (unisex)

Waistband & side panels : 90% Neoprene / 10% Nylon

Leg panels : Recycled Supratex (92% Recycled Polyester / 8% Spandex)

Pockets : Trilaminate CORDURA®

ZAMBEZI SHORTS

The fast-drying, lightweight stretch fabric of these shorts began life as plastic waste. Around 8 bottles make each pair!

FEATURES

- Quick dry fabric
- 90% recycled polyester derived from plastic bottles
- 4 way stretch
- Quick draining, mesh-lined pockets
- Hook and loop front closure with drawcord fastening
- Back pocket with zip closure
- Branded silicone patch
- UPF 35
- Biodegradable packaging



Men's Zambezi Shorts

Slate Pattern

ZBSM01

XS - XXXL

90% Recycled Polyester/ 10% Elastane



MASKS, FINS & SNORKELS

*Innovative ideas meet classic designs,
optimised for performance and
efficiency for all divers.*



SEEKER FOR SIGHTS UNSEEN

New!

FEATURES

- Single lens frameless mask
- Choice of pure clear or contrast lens
- Universal fit
- Ideal for snorkelling & scuba diving
- Near-natural field of view
- Soft silicone skirt
- Moulded silicone strap
- Angled profile to maximise field of view
- Compatible with fourth element recycled mask strap

The Seeker mask was designed with two main objectives: maximise the diver's field of vision and to create a mask that fits everyone. New facial geometry was combined with a soft silicone skirt to provide an outstanding and comfortable fit.

The low volume design allows easy equalisation and mask clearing as well as creating a visual experience which is wider and brighter than ever before.

Choose the pure clear lens for maximum light transmission or a contrast lens to improve the contrast of light and dark—especially useful in colder, green water.



Black / Clarity
SKMSK01



Black / Contrast
SKMSK02



Grey / Clarity
SKMSK03



Deep Blue / Clarity
SKMSK04

SCOUT WINDOW TO ADVENTURE

FEATURES

- Single lens frameless mask
- Ideal for snorkelling & scuba diving
- Angled profile to maximise field of view
- Soft silicone skirt for optimised comfort fit
- Easily interchangeable straps



White / Shield
MKSC01



White / Clarity
MKSC02



White / Contrast
MKSC03



White / Enhance
MKSC04



Black / Shield
MKSC05



Black / Clarity
MKSC06



Black / Contrast
MKSC07



Black / Enhance
MKSC08

RECYCLED MASK STRAP

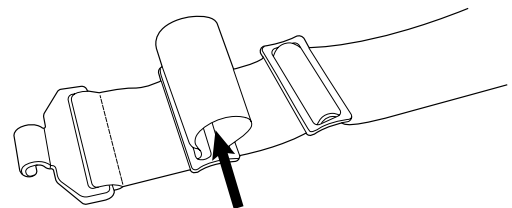
FEATURES

- Made with recycled materials
- Wide, comfortable, easily adjustable band
- Packaged without plastic
- Supplied as standard with SCOUT Mask

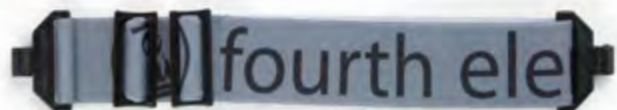
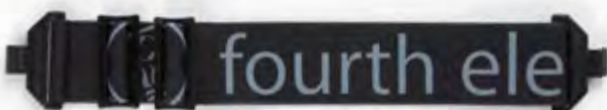
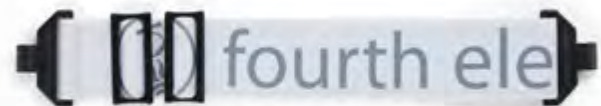


New
colours!

Aqua/White MS01
White/Grey MS02
Black/Grey MS03
Grey/Black MS04
Blue/Grey MS05
Orange/grey MS06



Insert snorkel here



AQUANAUT

FEATURES

- Excellent field of vision
- Soft silicone skirt
- Moulded silicone strap
- Compatible with fourth element mask straps
- Tempered glass lens with two lens options



Black / Clarity
MKAQ01



Black / Contrast
MKAQ02



White / Clarity
MKAQ03

NAVIGATOR

FEATURES

- Excellent field of vision
- Soft silicone skirt
- Moulded silicone strap
- Compatible with fourth element mask straps
- Tempered glass lens with two lens options
- Available in classic and wide fit



Black / Clarity (classic fit) MKNV01
Black / Clarity (wide fit) MKNV04



Black / Enhance (classic fit) MKNV02
Black / Enhance (wide fit) MKNV06

MASK CASE

FEATURES

- Half shell design made with cushioning EVA material
- Protective Lycra skirt with elastic loop for easy closure
- Low bulk
- Supplied as standard with all fourth element masks



TECH FINS

ENGINEERED BY NATURE

FEATURES

- Natural rubber heel strap
- Stainless steel spring strap
- Soft foot pocket
- Hydro-flow vents
- Turbulence disruptors
- Strengthening ribs
- Stiffening lateral rails
- Supplied with hang strap

New colour!



Blue FNTEK04
Black FNTEK01
Grey FNTEK02
Aqua FNTEK03

M (UK 4 - 7, US 5 - 8, EUR 36 - 41)
L (UK 8 - 10, US 9 - 11, EUR 42 - 44)
XL (UK 10 - 12, US 11 - 13, EUR 44 - 46)
XXL (UK 12 - 14, US 13 - 15, EUR 46 - 48)



RECYCLED FINS

REDUCE YOUR FINPRINT

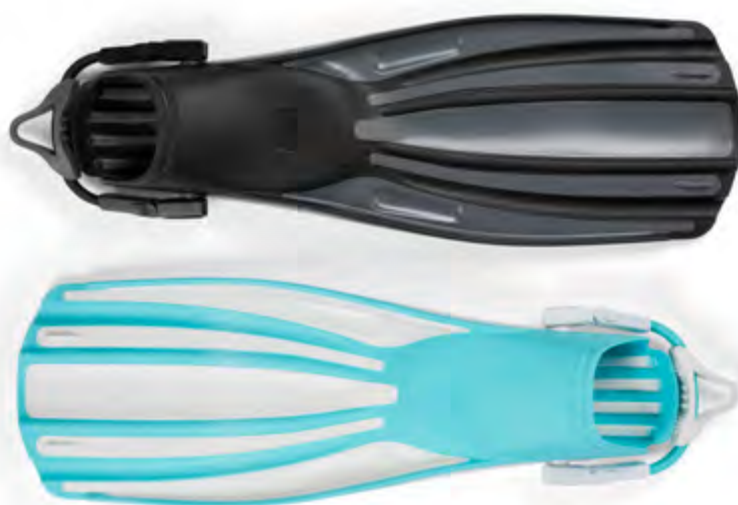
FEATURES

- Blade and foot pocket made from 100% recycled plastic
- Fins come packaged in zero plastic
- Adjustable silicone heel strap provides 6 points of adjustment
- Soft foot pocket
- Classic 4 channel fin design



Black/Grey FNREC01
Aqua/White FNREC02

Small (UK 4 - 6.5, US 5 - 7.5, EUR 36 - 40)
Regular (UK 7 - 9, US 8 - 10, EUR 41 - 43)
Extra Large (UK 9.5 - 12, US 10.5 - 13, EUR 43.5 - 46)



SPLASH

- Splash guard
- Soft silicone mouthpiece
- Purge valve
- Detachable snorkel keeper



Black / Black SNSP01
Black / White SNSP02
White / Aqua SNSP03

DRY

- Dry top snorkel
- Soft silicone mouthpiece
- Purge valve
- Detachable snorkel keeper



Black / Black SNDR01
White / White SNDR02
Aqua / White SNDR03

FLOAT

- Floating snorkel
- Foldable for easy storage
- Classic J shape
- Detachable snorkel keeper



Black / Grey SNFL01
Black / White SNFL02

A woman with dark hair tied back, smiling broadly, is crouching on a sandy beach. She is wearing a blue and teal wetsuit. In her right hand, she holds a white surf fin, and in her left hand, she holds a surfboard with a teal and white design. The background shows the ocean and a clear sky.

SWIMWEAR & RASHGUARDS

Made using recycled materials, our swimwear and rashguards don't just perform well in the water, they protect the very environment we all love.

FIN HYDROSUIT

FEATURES

- UV protection UPF 50+
- Made using recycled nylon from abandoned fishing nets
- High chlorine and salt resistance
- Active wear for all watersports
- Eco-friendly packaging



Fin Hydrosuit

Blue Pattern
FSSW02
XXS-XXL
78% ECONYL® recycled Nylon
and 22% xtra life™ LYCRA®

Fin Hydrosuit

Midnight Pattern
FSSW01
XXS-XXL
78% ECONYL® recycled Nylon
and 22% xtra life™ LYCRA®

Our OceanPositive one piece Hydrosuit provides all over UV protection. Made using recycled nylon, it has UPF of 50+. The perfect dive skin for tropical waters, or for wearing under a wetsuit to ease donning and doffing.



HYDROSUIT

FEATURES

- UPF 50+
- Ultra smooth fabric
- Perfect for snorkelling
- Ideal under rental wetsuits



Men's Hydroskin Suit

Black
HY1PB
XS - XXXL
90% Nylon / 10% Elastane

Women's Hydroskin Suit

Black
HY1PWB
XXS - XXXL
90% Nylon / 10% Elastane

The Hydrosuit provides all over protection from UV. Made with heavy grade high quality Lycra®, it has UPF of 50+ when dry, and over 30 when wet.

It is the perfect dive skin for tropical waters, or for wearing under a wetsuit to ease donning and doffing.



STINGER SUIT

FEATURES

- **UPF 50+ sun protection**
- **Stinger protection**
- **85% recycled content**
- **Ultra smooth fabric**
- **Heavier weight fabric for stinger protection**
- **Perfect for snorkelling**
- **Hood and mitt integration**
- **Four way stretch**
- **Water-based inks**



Men's Stinger Suit

Black
HY1POPM01
XS-XXXL
85% Recycled Polyester / 15% Elastane

Women's Stinger Suit

Black
HY1POPW01
XXS - XXXL
85% Recycled Polyester / 15% Elastane

Developed to provide protection from stinging jellyfish and zooplankton which seasonally occur in tropical waters, this stinger suit provides all over protection thanks to a generous, close-fitting hood

and finger covering. Ideal snorkelling suit or for a warm dive. It also provides UPF 50+ protection from harmful UV radiation from the sun. Flatlocked seams throughout maximise comfort next to the skin.



HYDRO-T LOOSE FIT RASH VEST

FEATURES

- **For use in or out of water**
- **27% recycled polyester derived from plastic bottles**
- **UV Protection UPF 50+**
- **Lightweight**
- **Moisture wicking**
- **Ultra quick drying**



Designed for use in or out of the water, the loose fit gives you room to breathe and move, whilst the lightweight fabric wicks away moisture. Each Hydro-T is made using approximately 4 recycled plastic bottles, preventing them going to landfill, or worse, entering our oceans. Ideal for diving, snorkelling, surfing, SUP, yoga, running, biking and more.

Men's Long Sleeve Hydro-T

Baltic Blue HYOPLSM01 / Ice Blue HYOPLSM02
S - XXXL
63% Polyester / 10% Elastane / 27% Recycled Polyester

Men's Short Sleeve Hydro-T

Azure Blue HYOPSSM01 / Ice Blue HYOPSSM02
S - XXXL
63% Polyester / 10% Elastane / 27% Recycled Polyester

Women's OceanPositive Long Sleeve Hydro-T

Baltic Blue HYOPLSW01 / Ocean Depth HYOPLSW02
S - XXXL
63 % Polyester / 10% Elastane / 27% Recycled Polyester

Women's Hydro Leggings

Midnight Navy HYL02
XXS - XXL
85% Recycled Polyester / 15% Elastane



HYDRO-T CLASSIC FIT RASH VEST

FEATURES

- UPF 50+ SUN PROTECTION
- MADE USING 85% RECYCLED POLYESTER DERIVED FROM PLASTIC BOTTLES
- WATER-BASED INKS
- FLATLOCK SEAMS
- STINGER PROTECTION
- IDEAL UNDER RENTAL WETSUITS



Part of our OceanPositive Collection, these Hydro-T rashguards are designed to wear under a wetsuit or semi-dry suit, or as a UV shield for all water sport activities.

Men's Long Sleeve Hydroskin

White HYLM04 / Black HYLM03 / Insignia Blue HYLM02
XS-XXXL
85% Recycled Polyester / 15% Elastane

Men's Short Sleeve Hydroskin

White HYMS04 / Black HYMS03
XS-XXXL
85% Recycled Polyester / 15% Elastane

Women's Long Sleeve Hydroskin

Midnight Navy HYWL04 / Black HYWL05
XXS - XXL
85% Recycled Polyester / 15% Elastane

Women's Short Sleeve Hydroskin

Coral HYWS01 / Pastel Turquoise HYSW02 / Ocean Depth HYSW03 / Midnight Navy HYSW04
XXS - XXL
85% Recycled Polyester / 15% Elastane





OUTERWEAR

All weather protection from wind, rain and the cold before and after getting in the water.

STORM PONCHO

ALL WEATHER PONCHO

FEATURES

- **Waterproof***
- **Breathable***
- **Windproof**
- **Fluorocarbon free DWR waterproofing**
- **Side seam poppers for easy entry and changing**
- **Adjustable peaked hood**
- **Soft grid lining 37% recycled S.Café® polyester**
- **Two lined hand warmer pockets**
- **Room to get changed inside**
- **Internal name label**
- **Lightweight - under 1.16kg / 2.4lbs**



- * 10,000mm hydrostatic head waterproof rating
- * 10,000g breathability rating

Storm Poncho

Navy PONCHO5 / Black PONCHO3 / Burgundy PONCHO4
 Unisex: XXS - XL
 Face: 100% Polyester
 Lining: 63% Polyester / 37% S.Café® Recycled Polyester

Beat the elements. This all-weather poncho is warm, fast drying and packs down small, enabling you to take it anywhere. Throw it on to get changed into your wetsuit at the beach or on the boat. Use it to warm up after a session

in the water or to cover up between dives. The waterproof, fleece-lined fabric is lightweight, cosy and manufactured using an environmentally friendly, fluorine-free waterproofing treatment.



TIDAL ROBE

COSY WITH A CONSCIENCE

FEATURES

- **Waterproof***
- **Breathable***
- **Windproof**
- **Fluorocarbon free DWR waterproofing**
- **Fully taped seams**
- **Low bulk and lightweight**
- **Made from recycled polyester**
- **Warm, soft fleece lining**
- **Adjustable hood with hidden toggles**
- **Hand warmer pockets**
- **Warm with soft fleece lining**
- **Internal Chest Pocket**



- * 10,000mm hydrostatic head waterproof rating
- * 10,000g breathability rating

Tidal Robe

Green TRB02 / Orange TRB01
 Unisex: XXS - XL
 100% Recycled Polyester

Made from recycled material, this full zip Tidal Robe has been built to keep the warmth in and the elements out. It's waterproof but breathable with super soft fleece lining and handwarmer pockets, making it perfect for keeping cosy after time spent in the water.

Use it to warm up after a session in or on the water, or to cover up on the beach, boat or anywhere when you want to warm up quickly. This robe is fully fleece-lined for after-swim warmth and is made using approximately 50 recycled plastic bottles.



ATLANTIC 3-IN-1

WARM, WATERPROOF & VERSATILE

OUTER

- Waterproof*
- Breathable*
- Windproof
- Fluorocarbon free DWR waterproofing
- 100% polyester (75% recycled)
- Fully taped seams
- Double hand warmer pockets with storm flap protection
- Adjustable peaked hood
- Adjustable snap cuffs
- Full length two-way zipper



Men's Atlantic Coat

Blue
ATMC01
XS-XXXL

Women's Atlantic Coat

Blue
ATWC01
XXS-XXL

FEATURES

INNER

- 100% recycled polyester
- 100% GRS certified down-free insulation
- Breathable
- Lightweight
- Hand warmer pockets
- High neck protective collar
- Full front zip
- Chest pocket

* 10,000mm hydrostatic head waterproof rating

* 10,000g breathability rating

Waterproof and insulated, this versatile parka-style coat can be worn three ways; as a waterproof shell, insulated jacket or zipped together for ultimate protection on those cold, wet and windy Atlantic days. The Atlantic Coat is truly trans-seasonal, high performance, adaptable and OceanPositive.



WINDBREAKER

THE ULTIMATE THROW-ON SMOCK

FEATURES

- water-resistant*
- Breathable*
- Windproof
- The perfect throw-on for all seasons
- Fleece-lined hand-warmer pouch pocket
- Soft grid lining for extra warmth
- Relaxed fit with fully adjustable hood
- YKK mould zip with storm guard with hidden magnetic fastenings
- Fast drying and warm
- Limited edition

* 10,000mm hydrostatic head waterproof rating

* 10,000g breathability rating



Men's Windbreaker Smock

Black
WDBMS01
S-XXXL

Women's Windbreaker Smock

Black
WDBWS01
XXS - XXL

With protection against wind and rain, this softshell style smock is the perfect throw-on whatever the season. The durable water-resistant outer allows water runoff during wet weather and keeps you protected from the elements, especially in exposed coastal spots. Made using repurposed remnant

fabric, originally produced for our most technical undergarment, the Halo A°R.

The soft grid effect lining allows for exceptional warmth and with a generous hand-warmer pouch pocket, you'll be cosy even when the worst of the weather strikes.



XEROTHERM

TECHNICAL HOODIE

FEATURES

- Outstanding thermal performance fleece
- Made from 33% recycled ECONYL® nylon
- Lightweight
- Extremely fast-wicking
- Cosy hand-warmer pockets
- Retro styling
- Machine washable
- Performs when wet



Men's Xerotherm Hoodie

S-XXXL 57% Polyester / 33% Recycled ECONYL® Nylon / 10% Elastane

Black
XT250HDM01

Blue
XT250HDM02

Stone
XT250HDM03

Rust
XT250HDM04



Women's Xerotherm Hoodie

XXS - XXL 57% Polyester / 33% Recycled ECONYL® Nylon / 10% Elastane

Black
XT250HDW01

Blue
XT250HDW02

Stone
XT250HDW03

Rust
XT250HDW04





LUGGAGE & ACCESSORIES

*Rugged bags and accessories
designed for travel and adventure.*

EXPEDITION SERIES DUFFLE BAG

FEATURES

- Bright coloured interior to help find items
- Made from heavy-duty mesh PVC
- High quality clasps and buckles
- Double lined, hardwearing base
- Padded rucksack carry straps
- Large luggage label for identification



Inspired by discussions with some of our more intrepid dive team members who reported that looking for a piece of black dive kit inside a black bag is never easy, we developed the fourth element

Expedition Series Duffel Bag as a solution to this problem. It's tough, enduring and a must for any dive trip or adventure. It comes with shaped and padded ruck-sack carry straps and high quality clasps.



60L
Orange - LGEDO060
Blue - LGEDB060
500D PVC (top) 600D PU Base
Dimensions - 35cm x 35cm x 63cm

90L
Orange - LGEDO090
Blue - LGEDB090
500D PVC (top) 600D PU Base
Dimensions - 40cm x 40cm x 70cm

120L
Orange - LGEDO120
Blue - LGEDB120
120 litre
500D PVC (top) 600D PU Base
Dimensions - 45cm x 45cm x 76cm

EXPEDITION SERIES DRYPACK

FEATURES

- 60 litre volume
- Bright coloured inner
- Heavy-duty mesh PVC
- High quality clasps and buckles
- 2 x waterproof compartments
- Welded seam construction throughout
- Compartments secured with a roll top and adjustable straps
- Hidden fin pocket
- Internal pocket
- Shaped back panel for optimum air flow
- Padded, adjustable waist harness with elastic to stow when not in use
- Adjustable ergonomic padded straps
- Removable sternum strap
- Durable double layer base



The perfect backpack for your adventures. With two waterproof compartments and a generous 60L volume, this pack is designed for divers, freedivers and weekend explorers alike.

The main compartment features a roll top closure to ensure that contents remain dry, with adjustable straps to

modify the size depending on how much gear is inside. The outer waterproof pocket can be used to divide items and is especially useful after you've been in the water to separate wet gear from items that need to stay dry. Between the two compartments is a hidden fin pocket, conveniently sized to accommodate all diving fins and most freediving fins or provide additional gear storage.



Expedition Series DryPack
Blue-LGEDP6001 /
Orange-LGEDP6002
60L
Dimensions (rolled) -
75cm H x 40cm W x 16cm D

ARGO DRYBAG

Black
LGD044
44 L
420D PVC

The Argo Dry Bag features high frequency welded, waterproof seams and a zip-less design in a rugged, hardwearing 500D fabric. At 44 litres it is large enough for a drysuit and undersuit, or everything you need for an adventurous weekend away.

Dimensions - 50cm x 60cm x 28cm
Weight - 0.88kg / 1.94 lbs



CHANGING MAT

Black
LGC001
120 x 95 cm
420D PVC

The changing mat is large enough to be a really useful addition to any diver's kit with ample room for changing, but extremely packable. Made using the same hardwearing fabric as the bag, the mat can be rolled up and secured using attached elasticated loops.

Dimensions - 120cm x 95cm
Weight - 0.7kg / 1.54 lbs



FREE

Argo drybag and
changing mat with
every Argonaut.

DRYPACK

FEATURES

- Welded seams
- Waterproof construction
- Internal pocket
- Comfortable, removable rucksack straps

Black
LGDP50
420D PVC
45L
Dimensions - 78cm x 38cm x 17.5cm
Weight - 0.92kg / 2.02 lbs



DRY-SAC

FEATURES

- Perfect for organising gear
- Range of useful sizes
- 75D PU ripstop nylon
- Waterproof PU coating
- Also used as packaging for J2



05 litre LGLDS05
15 litre LGLDS15
20 litre LGLDS20
30 litre LGLDS30





Bucket Hat

Sand
HBU02
One Size
100% Recycled Polyester



Bucket Hat

Black
HBU01
One Size
100% Recycled Polyester



Tech Diver Cap

Black
HCAP01
One Size
100% Recycled Polyester



Neck Snug

Black
NECKA
One Size
91% Polyester / 9% Elastane



Xerotherm Beanie Hat

Black
XT2501H
S/M - L/XL
53% Polyester / 38% Nylon / 9% Elastane



Xerotherm Balaclava

Black
XT250BAL
S/M - L/XL
53% Polyester / 38% Nylon / 9% Elastane



Arctic Hat

Black
XTR500H
M - XL
80% Polyester/ 17% Nylon/ 3% Elastane
Lining: 100% Polyester.



Turtle Tube

Midnight Pattern
TT003
One Size
78% ECONYL® recycled Nylon and
22% xtra life™ LYCRA®



Turtle Tube

Aqua
TT004
One Size
78% ECONYL® recycled Nylon and
22% xtra life™ LYCRA®



GULPER

FEATURES

- Pro grade stainless steel
- Double wall vacuum insulation
- Keeps hot up to 12 hrs
- Keeps cold up to 24hrs
- BPA free lid
- Leak proof
- Sport twist and sip valve closure system



Gulper Insulated Lid
Black
LID01
One Size (fits all Gulpers)



Gulper Bottle
Black
GWB07
17oz/500ml



Gulper Bottle
Green
GWB08
32oz/900ml



Ocean Debris Bag
Black
OPDB01
100% Polyester



Dimensions : (Flat) 49 x 32cm / (Rolled) 18 x 7cm



OceanPositive Towel
Blue
160cm x 86cm
TBSS001
100% Organic Cotton





Women's sizing

We're changing how we identify women's garment sizes. We've listened to customer feedback and we believe this change will make it easier to identify the size you need and improve your experience overall.

Moving to a universal system (XS, S, M, L etc) from a number system (UK12, US10 etc) will ensure that you can find your perfect size whether you are shopping with us online or purchasing our gear from a dive store anywhere in the world.

During the transition period we will sell garments labelled with either old or new sizing. This might lead to you receiving an item labelled with a different size to your order. Don't worry! The measurements match according to the size guide and you will receive your order with the fit that you want.

Here's how the universal sizes relate to 'numbered' sizes

Universal	UK	USA (NEW)	Germany	France/Spain	Italy
XXS	6	2	32	34	38
XS	8	4	34	36	40
S	10	6	36	38	42
M	12	8	38	40	44
L	14	10	40	42	46
XL	16	12	42	44	48
XXL	18	14	44	46	50
XXXL	20	16	46	48	52

Footwear Size Chart

	XS	S	S	M	M	L	L	XL	XXL	XXL
UK	4	5	6	7	8	9	10	11	12	13
US	5	6	7	8	9	10	11	12	13	14
EU	37	38	39.5	41	42	43	44.5	46	47	48

Women's Argonaut drysuit size Chart

Suit Size	Height		Chest		Waist		Hip		Arm length		Inside leg	
Universal Sizes	CM	INCH	CM	INCH	CM	INCH	CM	INCH	CM	INCH	CM	INCH
XS	154-160	61-63	74-82	29-32	58-64	23-26	82-90	32-35	54.5-58.5	21.5-23	71-75	28-29.5
XS Tall	160 - 166	63-65	74-82	29-32	58-64	23-26	82-90	32-35	56.5-60.5	22-24	74-78	29-31
S Short	154-160	61-63	82-90	32-35	66-74	26-29	90-98	35-39	54.5-58.5	21.5-23	71-75	28-29.5
S	159-165	63-65	82-90	32-35	66-74	26-29	90-98	35-39	56.5-60.5	22-24	74-78	29-31
S Tall	164-170	65-67	82-90	32-35	66-74	26-29	90-98	35-39	58.5-62.5	23-25	77-81	30-32
M Short	159-165	63-65	90-98	35-39	74-82	29-32	98-106	39-42	56.5-60.5	22-24	74-78	29-31
M	164-170	65-67	90-98	35-39	74-82	29-32	98-106	39-42	58.5-62.5	23-25	77-81	30-32
M Tall	169-175	67-69	90-98	35-39	74-82	29-32	98-106	39-42	60.5-64.5	24-25.5	80-84	31.5-33
L Short	164-170	65-67	98-106	39-42	82-90	32-35	106-114	42-45	58.5-62.5	23-25	77-81	30-32
L	169-175	67-69	98-106	39-42	82-90	32-35	106-114	42-45	60.5-64.5	24-25.5	80-84	31.5-33
L Tall	174-180	69-71	98-106	39-42	82-90	32-35	106-114	42-45	62.5-66.5	24.5-26	83-87	32.5-34
XL Short	168 - 174	67-69	106-114	42-45	90-98	35-39	114-122	45-48	60.5-64.5	24-25.5	80-84	31.5-33
XL	174-180	69-71	106-114	42-45	90-98	35-39	114-122	45-48	62.5-66.5	24.5-26	83-87	32.5-34
XL Tall	179-185	70-73	106-114	42-45	90-98	35-39	114-122	45-48	64.5-68.6	25-27	87-91	34-36
XXL Short	174-180	69-71	114-122	45-48	98-106	39-42	122-130	48-51	62.5-66.5	24.5-26	83-87	32.5-34
XXL	179-185	70-73	114-122	45-48	98-106	39-42	122-130	48-51	64.5-68.5	25-27	87-91	34-36
XXL Tall	184-190	72-74	114-122	45- 48	98-106	39-42	122-130	48-51	66.6-70.5	26-28	89-93	35-36.5

Women's size chart

	HEIGHT		CHEST		WAIST		HIPS	
UNIVERSAL SIZES	CM	INCHES	CM	INCHES	CM	INCHES	CM	INCHES
XXS Short	158 - 166	62 - 65	68 - 76	27 - 30	51 - 59	20 - 23	76 - 84	30 - 33
XXS	160-168	63 - 66	68 - 76	27 - 30	51 - 59	20 - 23	76 - 84	30 - 33
XS Short	160-168	63 - 66	74 - 82	29 - 33	57 - 65	22.5 - 25.5	82 - 90	32.5 - 35.5
XS	163 - 170	64 - 67	74 - 82	29 - 33	57 - 65	22.5 - 25.5	82 - 90	33 - 36
S Short	163 - 170	64 - 67	80 - 88	32 - 35	63 - 71	25 - 28	88 - 96	35 - 38
S	165-173	65 - 68	80 - 88	31.5 - 34.5	63 - 71	25 - 28	88 - 96	35 - 38
S Tall	168 - 175	66 - 69	86 - 96	32 - 35	68 - 78	27 - 31	94 - 102	37 - 40
M Short	165-173	65 - 68	86 - 94	34 - 37	69 - 77	27 - 31	94 - 102	37 - 40
M	168 - 175	66 - 69	86 - 94	34 - 37	69 - 77	27 - 31	94 - 102	37 - 40
M/L	168 - 175	66 - 69	86 - 94	34 - 37	75 - 83	30 - 33	100 - 108	40 - 43
M Tall	170 - 178	67 - 70	92 - 100	36 - 40	75 - 83	30 - 33	100 - 108	40 - 43
L Short	168 - 175	66 - 69	92-100	36 - 39.5	75 - 83	30 - 33	100 - 108	40 - 43
L	170 - 178	67 - 70	92-100	36 - 39.5"	75 - 83	30 - 33	100 - 108	40 - 43
L Tall	173 - 180	68 - 71	98 - 106	39 - 42	81 - 89	23 - 35	106 - 114	42 - 45
XL Short	170 - 178	67 - 70	98 - 106	38.5 - 41.5	81 - 89	32 - 35	106 - 114	42 - 45
XL	173 - 180	68 - 71	98 - 106	38.5 - 41.5	81 - 89	32 - 35	106 - 114	42 - 45
XXL Short	170 - 178	67 - 70	104 - 112	41 - 44	87-95	35 - 38	112 - 120	44 - 47
XXL	173 - 180	68 - 71	104 - 112	41 - 44"	87-95	35 - 38	112 - 120	44 - 47
XXXL Short	170 - 178	67 - 70	110 - 118	43.5 - 46.5	93-101	37 - 40	118 - 126	47 - 50
XXXL	173 - 180	68 - 71	110 - 118	43.5 - 46.5	93-101	37 - 40	118 - 126	47 - 50

Men's Argonaut drysuit size chart

SIZES	HEIGHT		CHEST		WAIST		HIP		ARM LENGTH		INSIDE LEG*	
	CM	INCHES	CM	INCHES	CM	INCHES	CM	INCHES	CM	INCHES	CM	INCHES
S Short	168-173	66-68	85-95	33-37	68-78	27-31	80-90	31-35	55-60	21.5-23.5	75.5-79.5	28-31.5
S	173-178	68-70	85-95	33-37	68-78	27-31	80-90	31-35	57.5-62.5	22.5-24.5	78-82	30.5-32
S Tall	178-183	70-72	85-95	33-37	68-78	27-31	80-90	31-35	60-65	23.5-25.5	80.5-84.5	31.5-33.5
M Short	173-178	68-72	95-105	37-41	78-88	31-35	90-100	35-39	57.5-62.5	22.5-24.5	78-82	30.5-32
M	178-183	70-72	95-105	37-41	78-88	31-35	90-100	35-39	60-65	23.5-25.5	80.5-84.5	31.5-33.5
M Tall	183-188	72-74	95-105	37-41	78-88	31-35	90-100	35-39	62.5-67.5	24.5-26.5	83-87	32.5-34
L Short	178-183	70-72	105-115	41-45	88-98	35-39	100-110	39-43	60-65	23.5-25.5	80.5-84.5	31.5-33.5
L	183-188	72-74	105-115	41-45	88-98	35-39	100-110	39-43	62.5-67.5	24.5-26.5	83-87	32.5-34
L Tall	188-193	74-76	105-115	41-45	88-98	35-39	100-110	39-43	65-70	25.5-27.5	84.5-89.5	33.5-35
XL Extra Short	178-183	70-72	115-125	45-49	98-108	39-43	110-120	43-47	60-65	23.5-25.5	80.5-84.5	31.5-33.5
XL Short	183-188	72-74	115-125	45-49	98-108	39-43	110-120	43-47	62.5-67.5	24.5-26.5	83-87	32.5-34
XL	188-193	74-76	115-125	45-49	98-108	39-43	110-120	43-47	65-70	25.5-27.5	84.5-89.5	33.5-35
XL Tall	193-198	76-78	115-125	45-49	98-108	39-43	110-120	43-47	67.5-72.5	26.5-28.5	88-92	34.5-36
XXL Extra Short	183-188	72-74	125-135	49-53	108-118	43-46	120-130	47-51	62.5-67.5	24.5-26.5	83-87	32.5-34
XXL Short	188-193	74-76	125-135	49-53	108-118	43-46	120-130	47-51	65-70	25.5-27.5	84.5-89.5	33.5-35
XXL	193-198	76-78	125-135	49-53	108-118	43-46	120-130	47-51	67.5-72.5	26.5-28.5	88-92	34.5-36
XXXL Extra Short	188-193	74-76	135-141	53-57	118-128	46-50	130-140	51-55	65-70	25.5-27.5	84.5-89.5	33.5-35
XXXL Short	193-198	76-78	135-141	53-57	118-128	46-50	130-140	51-55	67.5-72.5	26.5-28.5	88-92	34.5-36
XXXL	198-203	78-80	135-141	53-57	118-128	46-50	130-140	51-55	70-75	27.5-29.5	90.5-94.5	35.5-37

Men's clothing size chart

HEIGHT			CHEST		WAIST		INSIDE LEG*	
SIZES	CM	INCHES	CM	INCHES	CM	INCHES	CM	INCHES
XS Short	161- 169	5'3"- 5'6"	76- 86	30- 34"	58- 68	23- 27"	73-77	28.5-30.5"
XS	165-172.5	5'5"- 5'8"	76- 86	30- 34"	58- 68	23- 27"	76-80	30- 31.5"
S Short	165-172.5	5'5"- 5'8"	86- 96	34- 38"	68- 78	27- 30.5"	76-80	30- 31.5"
S	170- 178	5'7"- 5'10"	86- 96	34- 38"	68- 78	27- 30.5"	79-83	31- 32.5"
S Tall	175.5- 183	5'9"- 6'0"	86- 96	34- 38"	68- 78	27- 30.5"	82-86	32.5- 34"
M Short	170- 178	5'7"- 5'10"	96- 106	38- 41.5"	78- 88	30.5-34.5"	79-83	31- 32.5"
M	175.5-183	5'9"- 6'0"	96- 106	38- 41.5"	78- 88	30.5-34.5"	82-86	32.5- 34"
M Tall	180.5-188	5'11"- 6'2"	96- 106	38- 41.5"	78- 88	30.5-34.5"	85-89	33.5- 35"
L Short	175.5-183	5'9"- 6'0"	106- 116	41.5-45.5"	88- 98	34.5-38.5"	82-86	32.5- 34"
L	180.5-188	5'11"- 6'2"	106- 116	41.5-45.5"	88- 98	34.5-38.5"	85-89	33.5- 35"
L Tall	185.5-193	6'1"- 6'4"	106- 116	41.5-45.5"	88- 98	34.5-38.5"	88-92	34.5- 36"
XL Short	180.5-188	5'11"- 6'2"	116- 126	45.5-49.5"	98- 108	38.5-42.5"	85-89	33.5- 35"
XL	185.5-193	6'1"- 6'4"	116- 126	45.5-49.5"	98- 108	38.5-42.5"	88-92	34.5- 36"
XL Tall	190.5-198	6'3"- 6'6"	116- 126	45.5-49.5"	98- 108	38.5-42.5"	91-95	36- 37.5"
XXL Short	185.5-193	6'1"- 6'4"	126- 136	49.5-53.5"	108- 118	42.5-46.5"	88-92	34.5- 36"
XXL	190.5-198	6'3"- 6'6"	126- 136	49.5-53.5"	108- 118	42.5-46.5"	91-95	36- 37.5"
XXXL Short	190.5-198	6'3"- 6'6"	136- 146	53.5-57.5"	118- 128	46.5-50.5"	91-95	36- 37.5"
XXXL	195.5-203	6'5"- 6'8"	136- 146	53.5-57.5"	118- 128	46.5-50.5"	94-98	37- 38.5"



Bespoke Branding Service

Our design service offers competitive rates from an award-winning design team with years of experience in the diving industry.

Services range from fully bespoke Lycra® rashguards to staff uniforms with branding options to suit most budgets and imaginations.

If you order products from our bespoke manufacturing, the design services are often included at no charge.

For more information, please email: bespoke@fourthelement.com

Our seasonal collections of t-shirts and sweatshirts are available to buy throughout the year. See our website for the latest designs.





SHEARWATER

Shearwater Research designs and manufactures computers for all types of divers demanding more from themselves and their diving experience.

Whether you're an air, nitrox, multi gas trimix or closed circuit rebreather diver, Shearwater offers products which are powerful, simple and reliable.

fourth element is the distributor for Shearwater in the UK, Ireland, Scandinavian and Baltic regions. Please enquire for more details.



STREAM2SEA

— Reef-Friendly • Biodegradable —

Stream2Sea are leaders in reef safe skincare, producing eco-conscious body care and sunscreens that are rigorously tested to ensure the safest ingredients possible.



fourth element is the distributor for Stream2Sea in the UK and Europe. Please enquire for more details.



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